

WEBELOS

Webelos	Award Requirements	Song	Scripture	Faith in God	Gospel Standards
	* ** Required for the Webelos badge. *** Required for the Arrow of Light Award				
Physical Skills					
Aquanaut	1 and 2 required. Pick three of 3 through 8.	I Wiggle P. 271	D&C 60:13 Article of Faith 13	Developing Talent: Plan a physical fitness program for yourself that may include learning to play a sport or game. Participate in the program for one month.	
	1 Jump into water over your head. Level off and swim 100 feet, at least half of this using the elementary backstroke.	Oh What do you do in the Summertime? P. 245			
	2 Stay in the water after the swim and float on your back in a resting position with as little motion as possible for one minute.	Go the Second Mile P. 167			
	3 Do a surface dive and swim under water for two strokes before coming up.	Healthy, Wealthy, and Wise P 280	D&C 88:124 Cease to be idle; cease to be unclean; cease to find fault one with another; cease to sleep longer than is needful; retire to thy bed early, that ye may not be wear; arise early, that your bodies and your minds may be invigorated.	Developing Talents: Plan and complete your own activity that will help you develop your talents.	
	4 Swim on the surface for 50 feet while properly using a masks, fins, and a snorkel.				
	5 Demonstrate three basic water rescue methods. Demonstrate reaching and throwing. Describe going with support.				
	6 Know the rules of small-boat safety. Show that you know how to handle a rowboat.				
	7 Put on a personal floatation device (PFD) that is the right size for you. Make sure it is properly fastened. Wearing the PFD, jump into water over your head. Show how the PFD keeps your head above water by swimming 25 feet. Get out of the water, remove the PFD, and hang it where it will dry.	I Pledge Myself to Love the Right P. 161			
Belt Loop	8 While you are a Webelos Scout, earn the Cub Scout Sports belt loop for swimming.				

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Athlete	1 and 2 are required. Do five of 3 through 9	For Health and Strength P. 21	D&C 59:19	Developing Talent: Plan a physical fitness program for yourself that may include learning to play a sport or game. Participate in the program for one month.	
	1 Explain what it means to be physically healthy.	Healthy, Wealthy, and Wise PI 280	1 Corinthians 9:27 But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway. D&C 88:124 Cease to be idle; cease to be unclean; cease to find fault one with another; cease to sleep longer than is needful; retire to they bed early, that ye may not be weary; arise early, that your bodies and your minds may be invigorated.	Developing Talents: Learn about and practice good nutrition, good health, and good grooming, including modest dress	I will Keep my mind and body sacred and pure, and I will not partake of things that are harmful to me.
Pin	2 While you are a Webelos Scout, earn the Cub Scout Sports pin for physical fitness.	Go the Second Mile P. 167	Matthew 5:41 3 Nephi 12:41 And whosoever shall compel thee to go a mile, go with him twain.		
	3 Lie on your back. Have another person hold your feet to the floor and do 30 curl-ups	A Young Man Prepared P. 166			
	4 Do two pull-ups on a bar.				
	5 Do eight push-ups from the ground or floor.				
	6 Do a standing long jump of at least five feet.				
	7 Do a vertical jump and reach at least 9 inches				
	8 Do a 50-yard dash in 8.2 seconds or less.				
	9 Do a 600-yard run (or walk) in 2 minutes 45 seconds or less.				

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Physical Skills					
**Fitness	Do six of these.			Faith in God 14	
	1 With a parent or other adult family member, complete a safety notebook, which is discussed in the booklet "How to Protect Your Children from Child Abuse" that comes with this book.	For Health and Strength P. 21 The Lord Gave me a Temple P. 153	1 Corinthians 3:16-17 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you? If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are.		
	2 Read the meal planning information in this chapter. With a parent or other family member, plan a week of meals. Explain what kinds of meals are best for you and why.		Proverbs 22:6 Train up a child the way he should go: and when he is old, he will not depart from it.	Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project. Serving Others: Plan, prepare and serve a nutritious meal	I will Keep my mind and body sacred and pure, and I will not partake of things that are harmful to me.
	3 Keep a record of your daily meals and snacks for a week. Decide whether you have been eating foods that are good for you.		D&C 89	Learning and Living the Gospel. Read D&C 89. Discuss how Heavenly Father blesses us when we faithfully live the Word of Wisdom. Help plan and conduct an activity to teach the Word of Wisdom to others.	
	4 Tell an adult member of your family about the bad effects smoking or chewing tobacco would have on your body.		D&C 89: 8 And again, tobacco is not for the body, neither for the belly and is not good for man, but is an herb for bruises and all sick cattle, to be used with judgment and skill	Learning and Living the Gospel. Read D&C 89.	I will Keep my mind and body sacred and pure, and I will not partake of things that are harmful to me.
	5 Tell an adult member of your family four reasons why you should not use alcohol and how it could affect you.	The Word of Wisdom P. 154	Lev 10:9 Proverbs 20:1 D&C 89:5 That inasmuch as any man drinketh wine or strong drink among you, behold it is not good. . . .	Learning and Living the Gospel. Read D&C 89.	I will Keep my mind and body sacred and pure, and I will not partake of things that are harmful to me.
	6 Tell an adult member of your family what drugs could do to your body and how they would affect your ability to think clearly.	The Lord Gave me a Temple P. 153	D&C 88:77 And I give unto you a commandment that you shall teach one another the doctrine of the kingdom. 1 Corinthians 3: 16-17	Learning and Living the Gospel. Read D&C 89.	I will Keep my mind and body sacred and pure, and I will not partake of things that are harmful to me.
	7 Read the booklet <i>Don't be Tricked by Drugs: A Deadly Game?</i> Discuss it with an adult and show that you understand the material	Latter-Day Prophets P. 134 I Pledge Myself to Love the Right P. 161 The Word of Wisdom P. 154 P 21	D&C 134:6 We believe. . . That to the laws all men show respect and deference, as without them peace and harmony would be supplanted by anarchy and terror: human laws being instituted for the express purpose of regulating our interests as individuals and nations, between man and man, and divine laws given of heaven, prescribing rules on spiritual concerns, for faith and worship, both to be answered by man to his Maker.	Explain what agency is and what it means to be responsible for your choices. Discuss how making good choices has helped you develop greater faith.	

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Physical Skills					
Sportsman					
	1 Show the signals used by officials in one of these sports: football, basketball, baseball, soccer, or hockey.				
	2 Explain what good sportsmanship means.	The Things I Do P. 170 Choose the Right Way P. 160		Article of Faith # 13	
	3 While you are a Webelos Scout, earn Cub Scout Sports belt loops for two individual sports (archery, badminton, bicycling, bowling, fishing, golf, gymnastics, marbles, physical fitness, skating, skiing, swimming, table tennis, or tennis).		1 Timothy 4:12 Proverbs 20:11	Developing Talents: Plan a physical fitness program for yourself that may include learning to play a sport or a game. Participate in the program for one month.	
belt loops	4 While you are a Webelos Scout, earn Cub Scout Sports belt loops for two team sports (baseball, basketball, soccer, softball, volleyball, or ultimate).	I Will Follow God's Plan P. 164 I Pledge Myself to Love the Right P. 161	1Corinthians 6:19 What? Know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?	Developing Talent: Plan a physical fitness program for yourself that may include learning to play a sport or game. Participate in the program for one month.	

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Mental Skills					
Artist	Do five of these.		Helaman 12:2 Yea, and we may see at the very time when he doth prosper his people, yea, in the increase of their fields, their flocks and their herds, and in gold, and in silver, and in all manner of precious things of every kind and art: . . .		
	1 Draw or paint an original picture, using the art materials you prefer: Frame the picture for your room or home.	I Will Follow God's Plan P. 164		Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
	2 List the primary and secondary colors. Explain what happens when you combine colors.	Our Primary Colors P. 258	Deut 31:6 Ephesians 4:25		
	3 Using a computer, make six original designs using straight lines, curved lines, or both.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
	4 Draw a profile of a member of your family.	I am a Child of God P. 2		Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
	5 Use clay to sculpt a simple subject.	I Thank Thee, Dear Father p 7		Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
	6 Make a mobile, using your choice of materials.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
	7 Make an art construction, using your choice of materials.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
	8 Create a collage that expresses something about yourself.	Every Star is Different P. 142 I am a Child of God P. 2	Matthew 5:16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.	Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	

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Mental Skills					
Scholar	Do three of 1 through 4 and do three of 5 through 9				
1	Have a good record of attendance, behavior, and grades at school.	Choose the Right Way P 160 I Will be Valiant P. 162 I Need my Heavenly Father P 18	Matthew 25:14 Watch therefore, for ye know neither the day nor the hour wherein the Son of man cometh. 2 Nephi 31:12 And also, the voice of the Son came unto me, saying: He that is baptized in my name, to him will the Father give the Holy Ghost, like unto me; <u>wherefore, follow me, and do the things which ye have seen me do.</u> Alma 30:8 For thus saith the scripture: Choose ye this day, whom ye will serve.	Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	I will choose the right. I know I can repent when I make a mistake.
2	Take an active part in a school activity or service.		Alma 53: 20-21 And they were all young men and they were exceedingly valiant for courage, and also for strength and activity; but behold, this was not all -- they were men who were true at all times in whatsoever thing they were entrusted. Yea, they were men of truth and soberness, for they had been taught to keep the commandments of God and to walk uprightly before him.	Developing Talents: Plan and complete your own activity that will help you develop your talents.	
3	Discuss with your teacher or principal the value of having an education.	Search Ponder and Pray P. 109 Seek the Lord Early P. 108 Stand for the Right P. 159	Proverbs 1:5 A wise man will hear, and will increase learning; and a man of understanding shall attain unto wise counsels. D&C 88:63 Draw near unto me and I will draw near unto you; seek me diligently and ye shall find me; ask, and ye shall receive; ; knock, and it shall be opened unto you.	Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	
4	List in writing some important things you can do now because of what you have learned in school.				
5	Trace through history the different kinds of schools. Tell how our present public school system grew out of these early schools.				
6	Make a chart showing how your school system is run.				
7	Ask a parent and five other grown-ups these questions: What do you think are the best things about my school? What are its main problems? What do you think were the best answers? Why?				
8	List and explain some of the full-time positions in the education field.				
9	Help another student with schoolwork. Tell what you did to help.	When We're Helping P. 198	Matthew 18:33 Shouldest not thou also have had compassion on thy fellow servant, even as I had pity on thee? Galatians 6:2 Bear ye one another's burdens, and so fulfill the law of Christ. Mosiah 18:9	Serving Others: Plan and complete your own activity to serve others.	I will seek good friends and treat others kindly.

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Showman	Do four of the requirements for only one of the following: Puppetry, Music, or Drama.		2 Nephi 2:25 Adam fell that men might be; and men are, that they might have joy.	Serving Others: Entertain young children with songs or games you have learned or made yourself. Show that you know how to care for and protect a young child.	
Puppetry	1 Write a puppet play about one of your Webelos den activities or subject of your choice.	Fun to Do P. 253	D&C 88:77 And I give unto you a commandment that you shall teach one another the doctrine of the kingdom.	Developing Talents: Write a poem, story, or short play that teaches a principle of the gospel or is about Heavily Father's creations.	
	2 Make a set of puppets or marionettes for the play you have written or for another play.	Dare to do Right P. 158	D&C 58:27 Verily I say, men should be anxiously engaged in a good cause, and do many things of their own free will, and bring to pass much righteousness;	Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
	3 Build a simple stage for marionettes or puppets.	I am a Child of God P. 2		Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
	4 Alone or with the help of others, put on a puppet show for your den or pack.	Do as I'm Doing P. 276	D&C 88:78 Teach ye diligently and my grace shall attend you, that you may be instructed more perfectly in theory, in principle, in doctrine, in the law of the gospel, in all things that pertain unto the kingdom of God, that are expedient for you to understand;	Developing Talents: Write a poem, story, or short play that teaches a principle of the gospel or is about Heavily Father's creations.	
	5 Make a set of four paper bag puppets for a singing group. With the help of three other den members, sing a song with the puppets as performers.	Fun to Do P. 253		Serving Others: Entertain young children with songs or games you have learned or made yourself. Show that you know how to care for and protect a young child.	
	6 There are sock, stick, and finger puppets. There are paper bag puppets and marionettes. Explain their differences and show any puppets you have made for this badge.	My Heavenly Father Loves me P. 228		Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	

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Music	1 Play four tunes on any band or orchestra instrument. Read these from music.	Lift up Your Voice and Sing P. 252	Alma 26:8 Blessed be the name of our God; let us sing to his praise, yea let us give thanks to his holy name, for he doth work righteousness forever. Eph 5:19	Developing Talents: Learn to sing, play, or lead a song from the Children's Songbook: Teach or share the song in a family home evening or at Primary. Discuss how developing talents helps prepare us for service to Heavenly Father and others.	I will only listen to music that is pleasing to Heavenly Father.
	2 Sing two songs alone or with a group.	Sing a Song and Sing, Sing, Sing P. 253 Lift up Your Voice P. 252 Singing a Song is Fun do Do Pl 253	Isaiah 12:5 Sing unto the Lord; for he hath done excellent things: this is known in all the earth.	Developing Talents: Learn to sing, play, or lead a song from the Children's Songbook: Teach or share the song in a family home evening or at Primary. Discuss how developing talents helps prepare us for service to Heavenly Father and others.	
	3 Make a collection of three or more records, tapes, or compact discs. Tell what you like about each one.				
	4 Tell what folk music is. Hum, sing, or play a folk tune on a musical instrument.	Sing Your way Home P. 193 Hum your Favorite Hymn P. 152	D&C 25:12 For my soul delighteth in the song of the heart; yea, the song of the righteous is a prayer unto me, and it shall be answered with a blessing upon their heads.	Developing Talents: Learn to sing, play, or lead a song from the Children's Songbook: Teach or share the song in a family home evening or at Primary. Discuss how developing talents helps prepare us for service to Heavenly Father and others.	
	5 Name three American composers. Name a famous work by each.				
	6 Draw a staff. Draw on it a clef, with a sharp, flat, natural note, and rest. Tell what each is used for.			Developing Talents: Plan and complete your own activity that will help you develop your talents.	
	7 Show the difference between 2/4, 3/4, and 4/4 time by beating time or playing an instrument.				

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Drama	1 Give a monologue (a talk) on a patriotic, humorous, or holiday subject or another subject of your choice.	My Country Tis of Thee;		Developing Talents: Plan and complete your own activity that will help you develop your talents.	
	2 Attend a play. Describe the story. Tell what you liked about it.	A Smile is Like the Sunshine P. 267	Article of Faith 13 2 Nephi 2:25 Adam fell that men might be; and men are, that they might have joy.	Developing Talents: Visit an art museum or attend a concert, play, or other cultural event. Share your experience with your family or activity day group.	I will only read and watch things that are pleasing to Heavenly Father.
	3 Read a play. Make a model stage setting for one of the acts.			Developing Talents: Write a poem, story, or short play that teaches a principle of the gospel or is about Heavenly Father's creations.	
	4 Write, put on, and take part in a one-act play.			Developing Talents: Write a poem, story, or short play that teaches a principle of the gospel or is about Heavenly Father's creations.	
	5 Make a list of stage directions. Tell what they mean.				
	6 Describe a theatre-in-the-round. What are its good and bad points?				
	7 Explain the difference between a grand opera and a light opera. Explain the difference between a musical and a play.				
	8 Read about William Shakespeare. Draw a picture of his Globe Theater.			Developing Talents: Plan and complete your own activity that will help you develop your talents.	

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Mental Skills					
Traveler	Do five of these.				
	1 Get a map or timetable from a railroad, bus line, airline, subway, or light rail. The line should serve the place where you live or near where you live. Look up some places it goes.	The World is so Lovely P. 233	Article of Faith 12		# 12
	2 Use a timetable to plan a trip from your home to a city in another state by railroad, bus, airline, or ferry.	Beauty Everywhere P. 232		Developing Talents: Plan and complete your own activity that will help you develop your talents.	
	3 With your parent or guardian, take a trip to a place that interests you. Go by car, bus, boat, train, or plane.	For the Beauty of the Earth Hymns p. 91	D&C 88:78 Teach ye diligently and my grace shall attend you, that you may be instructed more perfectly in theory, in principle, in doctrine, in the law of the gospel, in all things that pertain unto the kingdom of God, that are expedient for you to understand;	Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.	
	4 Figure out what it costs per mile for the trip you have taken in requirement three.				
	5 List four nearby trips you would like to take with your parents or guardian. Lay out the trips on a highway map. Using the map, act as navigator on one of these trips. It should start at your home, be at least 25 miles long, and have six or more turns.	I Think the World is Glorious P. 230			
	6 Pack a suitcase for a trip.				
	7 Check the first aid kit in the family car to see if it contains what is needed.				

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Community					
*** Citizen	Do all of 1 through 7 and chose two of 8 through 16				
1	Know the names of the president and vice president of the United States. Know the names of the governor of your state and the head of your local government.		D&C 134:1 We believe that governments were instituted of God for the benefit of man; and that he holds men accountable for their acts in relation to them, both in making laws and administering them, for the good and safety of society.		
2	Describe the flag of the United States and give a short history of it. With another Webelos Scout helping you, show how to hoist and lower the flag, how to hang it horizontally and vertically on a wall, and how to fold it.	My Flag, My Flag P. 225	Alma 46:12 And it came to pass that he rent his coat; and he took a piece thereof, and wrote upon it --In memory of our God, our religion, and freedom, and our peace, our wives, and our children--and he fastened it upon the end of a pole.		
3	Explain why you should respect your country's flag. Tell some of the special days you should fly it. Tell when to salute the flag and show how to do it.		D&C 134:1 We believe that governments were instituted of God for the benefit of man; and that he holds men accountable for their acts in relation to them, both in making laws and administering them, for the good and safety of society.		
4	Repeat the Pledge of Allegiance from memory. Explain its meaning in your own words. Lead your Webelos den in reciting the pledge.	My Country P. 224	2 Nephi 1:7 Wherefore, this land is consecrated unto him whom he shall bring. And if it so be that they shall serve him according to the commandments which he hath given, it shall be a land of liberty unto them; wherefore, they shall never be brought down into captivity; if so, it shall	Serving Others: Read the 12th Article of Faith. Discuss what it means to be a good citizen and how your actions can affect others.	
5	Tell how our national anthem was written.				
6	Explain the rights and duties of a citizen of the United States. Explain what a citizen should do to save our natural resources.		D&C 101:77 According to the laws and constitution of the people, which I have suffered to be established, and should be maintained for the rights and protection of all flesh, according to just and holy principles.	Serving Others: Read the 12th Article of Faith. Discuss what it means to be a good citizen and how your actions can affect others.	I will choose the right. I know I can repent when I make a mistake.
7	Alone or with your Webelos den, do a special Good Turn. Help your church or synagogue, school, neighborhood, or town. Tell what you did.	Each Life That Touches ours P. 293	Mosiah 2:17 And behold, I tell you these things that ye may learn that when ye are in the service of your fellow beings ye are only in the service of your God.	Serving Others: Plan and complete your own activity to serve others.	
8	Tell about two things you can do that will help law enforcement agencies.	Choose the Right	D&C 98:4-5 And now, verily I say unto you concerning the laws of the land, it is my will that my people should observe to do all the things whatsoever I command them. And that law of the land which is constitutional, supporting that principle of freedom in maintaining rights and privileges, belongs to all mankind and is justifiable before me.	Serving Others: Read and discuss the parable of the good Samaritan. Luke 10:30-37. Plan and complete a service project that helps a family member or neighbor.	I will be honest with Heavenly Father, others, and myself.

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Community					
*** Citizen	Do all of 1 through 7 and chose two of 8 through 16				
9	Visit a community leader. Learn about the duties of the job or office. Tell the members of you Webelos den what you have learned.				
10	Write a short story of not less than 50 words about a former U.S. president or some other great American man or woman. Give a report on this to your Webelos den.			Developing Talents: Write a poem, story, or short play that teaches a principle of the gospel or is about Heavenly Father's creations.	
11	Tell about another boy you think is a good citizen. Tell what he does that makes you think he is a good citizen.	Stand for the Right P 159	Proverbs 20:11 Even a child is known by his doings;, whether his work be pure and whether it be right. Alma 53: 20-21 And they were all young men and they were exceedingly valiant for courage, and also for strength and activity; but behold, this was not all -- they were men who were true at all times in whatsoever thing they were entrusted. Yea, they were men of truth and soberness, for they had been taught to keep the commandments of God and to walk uprightly before him.	Serving Others: Make a list of the qualities you like in a person. Choose one quality to develop in yourself. Discuss how showing respect and kindness strengthens you, your family, and others.	
12	List the names of three people you think are good citizens. They can be from any country. Tell why you chose each of them.		Mosiah 2:17 And behold, I tell you these things that ye may learn wisdom; that ye may learn that when ye are in the service of your fellow beings ye are only in the service of your God.	Serving Others: Make a list of the qualities you like in a person. Choose one quality to develop in yourself. Discuss how showing respect and kindness strengthens you, your family, and others.	

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*** Citizen	Do all of 1 through 7 and chose two of 8 through 16				
13	Tell why we have laws. Tell why you think it is important to obey the law. Tell about three laws you obeyed this week.		D&C 98:4 And now, verily I say unto you concerning the laws of the land, it is my will that my people should observe to do all things whatsoever I command them. D&C 134:7	Serving Others: Read the 12th Article of Faith. Discuss what it means to be a good citizen and how your actions can affect others.	I will be honest with Heavenly Father, others, and myself.
14	Tell why we have government. Explain some ways your family helps pay for government.		D&C 134:1 We believe that governments were instituted of God for the benefit of man; and that he holds men accountable for their acts in relation to them, both in making laws and administering them, for the good and safety of society. Mark 12: 17 And Jesus answering said unto them, Render to Caesar the things that are Caesar's, and to God the things that are God's.		
15	List four ways in which your country helps or works with other nations.			Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	
16	Name three organizations, not churches or other religious organizations, in your area that help people. Tell something about what one of these organizations does.		Moroni 7:13 But behold, that which is of God inviteth and enticeth to do good continually; wherefore, every thing which inviteth and enticeth to do good, and to love god, and to serve him, is inspired of God	Developing Talents: Plan and complete your own activity that will help you develop your talents.	

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Community Communicator	Do seven of these				#4 and 5
1	Play the Body Language Game with your den.				
2	Prepare and give a three minute talk to your den on a subject of your choice.	I am Like a Star P. 163			
3	Invent a sign language or a picture writing language and use it to tell someone a story.	I Will Follow God's Plan P. 164	D&C 90:15 And set in order the churches, and study and learn, and become acquainted with all good books, and with languages, tongues, and people.	Developing Talents: Plan and complete your own activity that will help you develop your talents.	
4	Identify and discuss with your den as many different methods of communication as you can (at least six different methods)		1 Timothy 4: 12 Let no man despise thy youth; but be thou an example of the believers, in work, in conversation, in charity, in spirit, in faith, in purity.		
5	Invent your own den secret code and send one of your den members a secret message.				
6	With your den, visit a library and talk to a librarian. Learn how books are cataloged to make them easy to find.		1 Timothy 4:12 Till I come, give attendance to reading, to exhortation, to doctrine		I will only read and watch things that are pleasing to Heavenly Father.
7	Visit the newsroom of a newspaper or a radio or television station and find out how they receive information.				
8	Write an article about a den activity for your pack newsletter or local newspaper.	The Things I Do P. 170			
9	Invite a person with a visual, speaking, or hearing impairment to visit your den. Ask about the special ways he or she communicates. Discover how well you can communicate with him or her.		D&C 38:24 And let every man esteem his brother as himself, and practice virtue and holiness before me.		I will seek good friends and treat other kindly.
10	Use a personal computer to write a letter to a friend or relative. Create your letter, check it for grammar and spelling, and save it to either a hard drive or a diskette. Print it.	Jesus Said Love Everyone P. 61	D&C 98:1 Verily I say unto you my friends, fear not, let your hearts be comforted; yea, rejoice evermore, and in everything give thanks.	Serving Others: Write a letter to a teacher, your parents or your grandparents telling them what you appreciate and respect about them.	I will seek good friends and treat other kindly.
11	Under the supervision of a parent or adult, search the Internet and connect to five Web sites that interest you. Exchange e-mail with a friend or relative.				I will only read and watch things that are pleasing to Heavenly Father.

WEBELOS

Webelos	Award Requirements	Song	Scripture	Faith in God	Gospel Standards
	* ** Required for the Webelos badge. *** Required for the Arrow of Light Award				
belt loops	12 Earn the Academics belt loop for Computers.			Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	
belt loops	13 Earn the Academics belt loop for Communicating.			Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	
	14 Find out about jobs in communications. Tell your den what you learn.			Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	

WEBELOS

Webelos	Award Requirements	Song	Scripture	Faith in God	Gospel Standards
	* ** Required for the Webelos badge. *** Required for the Arrow of Light Award				
Family Member	Do 1 through 6 and choose two of 7 through 12				
	1 Tell what is meant by family, duty to family, and family meetings.	Love is Spoken Here P 190 Home P 192; The Family P. 194			I will live now to be worthy to go to the temple and do my part to have an eternal family.
	2 Make a chart showing the job you and other family members have at home. Talk with you family about other jobs you can do for the next two months.	Here We Are Together P. 260 Families can be Together Forever PI 188	Ephesians 6:2 Honor thy father and mother: (which is the first commandment with promise)	Developing Talents: List five things you can do to help around your home. Discuss the importance of obeying and honoring your parents and learning how to work.	I will honor my parents and do my part to strengthen my family.
	3 Inspect your home and surroundings. Make a list of hazards or lack of security that you find. Correct one problem that you found and tell what you did.				
	4 Explain why garbage and trash must be disposed of properly.				
	5 Make a list of some things for which your family spends money. Tell how you can help your family save money.	Family Night PI 195			I will follow Heavenly Father's plan for me.
	6 Plan your own budget for 30 days. Keep track of your daily expenses for seven days.	I want to Give the Lord my Tenth. P 150 I Hope They Call me on a Mission	3 Nephi 24:10- D&C 119:4 Malachi 3:10 Bring ye all the tithes into the storehouse, that there may be meat in mine house, and prove me now herewith, saith the Lord of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it.	Developing Talents: Learn how to budget and save money. (3 Nephi 24:10-11) Pay your tithing and begin saving for a mission.	
	7 Prepare a family energy-saving plan. Tell the things you did to carry it out.				
	8 Tell what your family does for fun. Make a list of fun things your family might do for little cost. Do one of them with a member of your family.	Fun to Do P 253			
	9 Learn how to clean your home properly. Help do it for one month with adult supervision.	Do as I'm doing P 276. Choose the Right Way P. 160	D&C 109:8	Developing Talents: List five things you can do to help around your home. Discuss the importance of obeying and honoring your parents and learning how to work.	
	10 Show that you know how to look after your clothes. With adult supervision, help at least twice with the family laundry.		Exodus 19:10 And the Lord said unto Moses, Go unto the people, and sanctify them to day and tomorrow, and let them wash their clothes.	Developing Talents: Learn about and practice good nutrition, good health, and good grooming, including modest dress.	I will dress modestly to show respect for Heavenly Father and myself.
	11 With adult supervision, help plan the meals for your family for at least one week. Help buy the food and help prepare at least three meals for your family.	Love one Another P. 136	D&C 59:18-19 Yea, all things which come of the earth, in the season thereof, are made for the benefit and the use of man, both to please the eye and to gladden the heart; Yea, for food and for raiment, for taste and for smell, to strengthen the body and to enliven the soul.	Serving others: Plan, prepare, and serve a nutritious meal. Developing Talents: Learn about and practice good nutrition, good health, and good grooming, including modest dress	I will keep my mind and body sacred and pure, and I will not partake of things that are harmful to me.
	12 Take part in at least four family meetings and help make decisions. The meetings might involve plans for family activities, or they might be about serious topics that your parent wants you to know about.	Seek the Lord Early P. 108	D&C 88:119 Organize yourselves; prepare every needful thing; and establish a house, even a house of prayer, a house of fasting, a house of faith, a house of leaning, a house of glory, a house of order, a house of God.		I will honor my parents and do my part to strengthen my family.

WEBELOS

Webelos	Award Requirements	Song	Scripture	Faith in God	Gospel Standards
	* ** Required for the Webelos badge. *** Required for the Arrow of Light Award				
*** Readyman	Do 1 through 6 and choose two of 7 through 12				
1	Explain what first aid is. Tell what you should do after an accident.				
2	Explain how you can get help quickly if there is an emergency in your home. Make a "help list" of people or agencies that can help you if you need it. Post it near a phone or other place with easy access.	A Happy Helper P 197		Serving Others: Read and discuss the parable of the good Samaritan. Luke 10:30-37. Plan and complete a service project that helps a family member or neighbor.	
3	Show what to do for these "hurry cases": Serious bleeding; Stopped breathing; Internal poisoning; Heart attack.	Quickly I'll Obey			
4	Show how to treat shock.				
5	Show first aid for the following: Cuts and scratches; Burns and scalds; Choking.	I Pray in Faith P. 14			
6	Tell what steps must be taken for a safe swim with your Webelos den, pack, family, or other group. Explain the				
7	Explain six safety rules you should follow when driving a bicycle.				
8	Make a home fire escape plan for your family.			Serving Others: Plan and complete your own activity to serve others.	
9	Explain how to use each item in a first aid kit.				
10	Tell where accidents are most likely to happen inside and around your home.				
11	Explain six safety rules you should remember when riding in a car.				
12	Attend a first aid demonstration at a Boy Scout troop meeting, a Red Cross center, or other place.				

WEBELOS

Webelos	Award Requirements	Song	Scripture	Faith in God	Gospel Standards
	* ** Required for the Webelos badge. *** Required for the Arrow of Light Award				
Technology					
Craftsman	Do all four				
	1 Explain how to safely handle the tools that you will use for this activity badge.				
	2 With adult supervision and using hand tools, construct two different wooden objects you and your Webelos den leader agree on, such as the items listed below. Use a coping saw or jigsaw for these projects. Put them together with glue, nails, or screws. Paint or stain them. Book rack, shelf, bulletin board, weather vane, tie rack, letter holder, notepad holder, toolbox, towel rack, recipe holder, lamp stand, kitchen knife rack, kitchen utensil rack, napkin holder, animal cutouts, garden tool rack, lid holder, mailbox, birdhouse, desk nameplate, letter - bill -and pencil holder, bread box, key rack, measuring cup rack, measuring spoon rack.	I Have Two Little Hands P 272	D&C 56:17 Wo unto you poor men, whose hearts are not broken, whose spirits are not contrite, and whose bellies are not satisfied, and whose hands are not stayed from laying hold upon other men's goods, whose are hearts full of greediness, <u>and who will not labor with your own hands!</u>	Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
	3 Make a display stand or box to be used to display a model or an award. Or make a frame for a photo or painting. Use suitable material.			Serving Others: Plan and complete your own activity to serve others.	
	4 Make four useful items using materials other than wood that you and your Webelos den leader agree on, such as clay, plastic, leather, metal, paper, rubber, or rope. These should be challenging items and must involve several operations.	A Happy Helper P 197			

WEBELOS

Webelos	Award Requirements	Song	Scripture	Faith in God	Gospel Standards
	* ** Required for the Webelos badge. *** Required for the Arrow of Light Award				
Engineer	Do five of these.				
1	List 10 different things engineers do.	Stand for the Right P 159			
2	Visit a construction site. Look at a set of plans. Tell you Webelos den leader about these. (Get permission before you visit).	The Wise Man and the Foolish Man P. 281	Matthew 7:24		
3	Visit a civil engineer to understand how to measure the length of a property line. Explain how property lines are determined.				
4	Tell about how electricity is generated and then gets to our home.				
5	Construct a simple working electrical circuit using a flashlight battery, a switch, and a light.			Developing Talents: Plan and complete your own activity that will help you develop your talents.	
6	Make drawings of three kinds of bridges and explain their differences. Construct a model bridge of your choice.			Developing Talents: Plan and complete your own activity that will help you develop your talents.	
7	Make a block and tackle and show how it works.				
8	Build a catapult and show how it works.				
9	Draw a floor plan of your house. Include doors, windows, and stairways.				
10	Explain how engineers use computers.				

WEBELOS

Webelos	Award Requirements	Song	Scripture	Faith in God	Gospel Standards
	* ** Required for the Webelos badge. *** Required for the Arrow of Light Award				
Handyman	Do six of these				
	1 With adult supervision, wash a car.	A Happy Helper P. 197	Mosiah 2:17 And behold, I tell you these things that ye may learn wisdom; that ye may learn that when ye are in the service of your fellow beings ye are only in the service of your God.	Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.	I will honor my parents and do my part to strengthen my family.
	2 Help an adult change a tire on a car.		Mathew 23:11	Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.	
	3 With adult supervision, replace a bulb in the taillight, turn signal, or parking light, or replace a headlight on a car.			Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.	
	4 With adult supervision, show how to check the oil level and tire pressure of a car.	A Young Man Prepared P. 166	Gal 5:13		
	5 Make a repair to a bicycle, such as tightening the chain, fixing a flat tire, or adjusting the seat or handlebars.			Serving Others: Plan and complete your own activity to serve others.	
	6 Properly lubricate the chain on a bicycle.				
	7 Properly inflate the tires on a bicycle.				
	8 Replace a light bulb in a fixture or a lamp.				
	9 With adult supervision, arrange a storage area for household cleaners and other dangerous materials where small children cannot get them.	When We're Helping P 198		Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.	
	10 Build a sawhorse or stool to be used around your house.				
	11 Help take care of the lawn.	We are Different P 263			
	12 Arrange a storage area for hand tools or lawn and garden tools.				
	13 Clean and properly store hand tools or lawn and garden tools in their storage areas.				
	14 Mark hand tools or lawn and garden tools for identification.				

WEBELOS

Webelos	Award Requirements	Song	Scripture	Faith in God	Gospel Standards
	* ** Required for the Webelos badge. *** Required for the Arrow of Light Award				
Scientist	Do 1 through 3 and do six of 4 through 12				
	1 Read Bernoulli's principle. Show how it works.		D&C 88:118 And as all have not faith, seek ye diligently and teach one another words of wisdom; yea, see ye out of the best books words of wisdom; seal learning, even by study and also by faith.	Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	
	2 Read Pascal's law. Tell about some inventions that use Pascal's law.				
	3 Read Newton's first law of motion. Show three different ways how inertia works.				
	4 Show the effects of atmospheric pressure.				
	5 Show the effects of air pressure.				
	6 Show the effect of water pressure. This may be combined with atmospheric pressure or with air pressure.				
	7 Build and launch a model rocket with adult supervision. (NOTE: You must be at least 10 years old to work with a model rocket kit sold in hobby stores.)				
	8 Explain what causes fog. Show how this works.				
	9 Explain how crystals are formed. Make some.				
	10 Explain how you use your center of gravity to keep your balance. Show three different balancing tricks.	Two Little Eyes P 268		Developing Talents: Plan and complete your own activity that will help you develop your talents.	
	11 Show in three different ways how your eyes work together.				
	12 Show what is meant by an optical illusion.				

WEBELOS

Webelos	Award Requirements	Song	Scripture	Faith in God	Gospel Standards
	* ** Required for the Webelos badge. *** Required for the Arrow of Light Award				
Outdoor					
Forester	Do five of 1 through 10				
	1 Make a map of the United States. Show the types of forests growing in different parts of the country. Name some kinds of trees that grow in these forests. For each type of forest, give one or more examples of uses for the wood of its trees.	The World is so Lovely P 233	Genesis 1		
	2 Draw a picture to show the plant and tree layers of a forest in your area. Label the different layers. (If you don't live in an area that has forests, choose an area that does and draw a picture of that forest.)				
	3 Identify six forest trees common to the area where you live. Tell how both wildlife and humans use them. (If you don't live in a region that has forests, read about one type of forest and name six of its trees and their uses.)	This is My Country P. 224		Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	
	4 Identify six forest plants (other than trees) that are useful to wildlife. Tell which animals use them and for what purposes.				
	5 Draw a picture showing: how water and minerals in the soil help a tree grow; how the tree uses sunlight to help it grow.	Give Said the Little Stream P 236			
	6 Make a poster showing how a tree's growth rings tell its life history.				
	7 Collect pieces of three kinds of wood used for building houses.				
	8 Plant 20 forest tree seedlings. Tell how you planted them and what you did to take care of them after planting.	The Prophet Said to Plant a Garden P 237	Alma 32:37 And behold, as the tree beginneth to grow, ye will say; Let us nourish it with great care, that it may get root, that it may grow up, and bring forth fruit unto us. And now behold, if ye nourish it with much care it will get root, and grow up, and bring forth fruit.	Developing Talents: Plan and complete your own activity that will help you develop your talents.	
	9 Describe the harm wildfires can cause. Tell how you can help prevent wildfire.				
	10 Draw your own urban forestry plan for adding trees to a street, yard, or park near your home. Show what types of trees you would like to see planted.				

WEBELOS

Webelos	Award Requirements	Song	Scripture	Faith in God	Gospel Standards
	* ** Required for the Webelos badge. *** Required for the Arrow of Light Award				
Geologist	Do five of these:				
	1 Collect five geologic specimens that have important uses.		Genesis 1: 1, 31		
	2 Rocks and minerals are used in metals, glass, jewelry, road-building products, and fertilizer: Give examples of minerals used in these products.	All Things Bright and Beautiful P. 231	2 Nephi 2:14 And now, my sons, I speak unto you these things for ;your profit and learning; for there is a God, and he hath created all things, both the heavens and the earth, and all things that in them are, both things to act and things to be acted upon.		
	3 Make a scale of mineral hardness for objects found at home. Show how to use the scale by finding the relative hardness of three samples.				
	4 List some of the geologic materials used in building your home.				
	5 Make a drawing that shows the cause of a volcano, a geyser, or an earthquake.		3 Nephi 8:17 And thus the face of the whole earth became deformed, because of the tempests, and the thunderings, and the lightnings, and the quaking of the earth.		
	6 Explain one way in which mountains are formed.	High on The Mountain Top			
	7 Describe what a fossil is. How is it used to tell how old a formation is? Find two examples of fossils in your area.				

WEBELOS

Webelos	Award Requirements	Song	Scripture	Faith in God	Gospel Standards
	* ** Required for the Webelos badge. *** Required for the Arrow of Light Award				
Naturalist	Do four of these:				
	1 Keep an "insect zoo" that you have collected. You might have crickets, ants, or grasshoppers. Study them for a while and then release them.	I Thing the World is Glorious P. 230			
	2 Set up an aquarium or terrarium. Keep it for at least a month.				
	3 Visit a museum of natural history, nature center, or zoo with your family, den, or pack. Tell what you saw.	Beauty Everywhere P. 232 The World is so Lovely P. 233		Developing Talents: Visit an art museum or attend a concert, play, or other cultural event. Share your experience with your family or activity day group.	
	4 Watch for birds in your yard, neighborhood, or town for one week. Identify the birds you see and write down where and when you saw them.	Spring Time is coming P. 238			
	5 Learn about the bird flyways closest to your home. Find out which birds use these flyways.	Birds in the Tree P. 241			
	6 Learn to identify poisonous plants and venomous reptiles found in your area.			Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	
	7 Watch six wild animals (snakes, turtles, fish, birds, or mammals) in the wild. Describe the kind of place (forest, field, marsh, yard, or park) where you saw them. Tell what they were doing.		Moses 2:25 And I, God, made the beasts of the earth after their kind, and cattle after their kind, and everything which creepeth upon the earth after his kind; and I, God, saw that all these things were good.	Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	
	8 Give examples of: A producer, a consumer, and a decomposer in the food chain of an ecosystem; One way humans have changed the balance of nature; How you can help protect the balance of nature.			Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	

WEBELOS

Webelos	Award Requirements	Song	Scripture	Faith in God	Gospel Standards
	* ** Required for the Webelos badge. *** Required for the Arrow of Light Award				
Outdoorsman	Do five of these:				
	1 Show your ability to tie the following knots: A square knot, bowline, clove hitch, two half hitches, taut-line hitch.				#1
	2 Pitch a tent using two half hitches and a taut-line hitch. Make a ground bed. Sleep in your tent for at least one night, if your parent allows you to do this.	Beauty Everywhere P. 232 Autumn Day P 247			
****Only allowed with family	3 With your adult partner, take part in a Webelos overnighter or camp overnight with a Boy Scout troop.	Father, we Thank Thee for the Night P. 8			
****Only allowed with family	4 Help with a two-night campout away from home with your family. Or go on two one-night campouts with your family.	The World is so Lovely P. 233		Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.	
****Only allowed with family	5 With your family or Webelos den, plan and take part in an evening outdoor activity that includes a campfire.			Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.	
	6 Help cook your own lunch or supper outdoors with a parent or another adult. Clean up afterwards.	The World is so Big P. 235		Serving Others: Plan, prepare and serve a nutritious meal	
	7 Know and practice the rules of outdoor fire safety.				
	8 Visit a nearby Boy Scout camp with your den.	God is Watching Over all PI 229			

WEBELOS

Webelos	Award Requirements	Song	Scripture	Faith in God	Gospel Standards
	* ** Required for the Webelos badge. *** Required for the Arrow of Light Award				
Webelos Badge	Earn the Fitness badge and two others (three in all)				
Compass Points Emblem	After you've earned the Webelos badge you can earn the compass points emblem. It is awarded after you earn 7 activity badges: (4 more in addition to the 3 you earned for the Webelos badge.) After you earn the compass points emblem you will receive a metal compass point for each for additional activity badges you earn ("E", "W", and "S" positions in any order you chose). You earn the emblem and all three compass points by completing 19 activity badges, including the three required for the Webelos badge.	Go the Second Mile P 167			
Arrow of Light Award	When you are in the 5th grade or are 10 years old you can start working on the Arrow of Light Award, The Cub Scouting's highest award.				
	1 Be active in your Webelos den for at least six months since completing the 4th grade (or for at least six months since becoming 10 years old) and earn the Webelos badge.				
	2 Show your knowledge of the requirements to become a Boy Scout by doing all of these: 1. Repeat from memory and explain in your own words the Scout Oath or Promise and the 12 points of the Scout Law. Tell how you have practiced them in your everyday life; 2. Give and explain the Scout motto, slogan, sign, salute, and handclasp; 3. Understand the significance of the Scout badge. Describe its parts and tell what each stands for; 4. Tell how a Boy Scout uniform is worn.				
	3 Earn five more activity badges in addition to the three you already earned for the Webelos badge. The total of eight activity badges must include: Fitness (already earned for the Webelos badge); Citizen; Readyman; At least one from the Outdoor Group; At least one from the Mental Skills Group; At least one from the Technology Group; and two more of your choice.				
	4 With your Webelos den, visit at least: one Boy Scout troop-meeting, and one Boy Scout-oriented outdoor activity.				
	5 Participate in a Webelos overnight campout or day hike.				
	6 After you have completed all five of the above requirements, and after a talk with your Webelos den leader, arrange to visit (with your parent or guardian) a meeting of a Boy Scout troop you think you might like to join. Have a conference with the Scoutmaster: Complete and turn in a "Join Boy Scouting" application to the Scoutmaster during the conference.				

WEBELOS

Webelos	Award Requirements	Song	Scripture	Faith in God	Gospel Standards
	* ** Required for the Webelos badge. *** Required for the Arrow of Light Award				
Cub Scout World Conservation Award	This is a special international award. (You may earn it only once while you are in Cub Scouting). You must earn the Forester activity badge, the Naturalist activity badge, the Outdoorsman badge, and participate in a den or pack conservation project.	Beauty Everywhere P. 232 The World is so Lovely P. 233			
Cub Scout Sports and Academic Program	Belt loops - for learning and participating in a Sports or Academics area. Belt loops are worn on your uniform belt.				
	Sports pins - for having 60 points in a sport in a 90-day period (1 point for each 30 minutes of participation). The pin is worn on your ordinary clothes.				
	Academic pins - some of the academic activities ask you to complete a project rather than earning points. The pin is worn on your ordinary clothes.				
	Jacket letters - For each Sports and Academics subject. You must (1) earn the belt loop, (2) earn the pin, (3) invite and adult to join in the activity, and the adult must earn the pin. The jacket letter is worn on a jacket you have, not on your uniform.				

Wolf

	Wolf Badge	You must fill 49 Tracks of Achievement through 12 parts of the Wolf Trail	Song	Scripture	Faith in God	Gospel Standards
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1	Feats of Skill	Play catch, walk a line, do a front roll, do a back roll, do a falling forward roll, see how high you can jump, elephant walk, frog leap, crab walk, swim, bounce a ball, baseball pass, chest pass, frog stand, run or jog for 10 minutes.				
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2	Your Flag	Give the Pledge of Allegiance to the flag of the United States of America and tell what it means. Lead a flag ceremony in your den. Tell how to respect and take care of the flag. Show three ways to display the flag. Learn about your state flag. Learn how to display your state flag. With the help of another person, fold the flag.	My Flag, My Flag P 225	Ether 2:12 Behold, this is a choice land, and whatsoever nation shall possess it shall be free from bondage, and from captivity, and from all other nations under heaven, if they will but serve the God of the land, who is Jesus Christ, who hath been manifested by the things which we have written.	Serving Others: Read the 12th Article of Faith. Discuss what it means to be a good citizen and how your actions can affect others.	
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3	Keep Your Body Healthy	3 a. Show that you know and follow the 7 rules of health. (1- take baths or showers often. Use soap. 2- Wash your hands before meals and after using the toilet. 3- Brush your teeth before you go to bed and after breakfast. Brush your teeth or rinse your mouth after eating. 4 - Drink lots of water. 5. - Eat different kinds of food. Do most of your eating at mealtime. Stay away from too many sweets. 6- Run and play outdoors. 7 - Get the sleep you need.)	In our Lovely Desert Hymn 307	D&C 90:18 Set in order your houses; keep slothfulness and uncleanness far from you. . D&C 88:124 Cease to be idle; cease to be unclean; cease to find fault one with another; cease to sleep longer than is needful; retire to thy bed early, that ye may not be wear; arise early, that your bodies and your minds may be invigorated.	Learning and Living the Gospel. Read D&C 89. Discuss how Heavenly Father blesses us when we faithfully live the Word of Wisdom. Help plan and conduct an activity to teach the Word of Wisdom to others.	I will keep my mind and body sacred and pure, and I will not partake of things that are harmful to me.
		3 b. Tell three ways to stop the spread of colds.				
		3 c. Show what to do for a small cut on your finger.				

Wolf

Wolf Badge	You must fill 49 Tracks of Achievement through 12 parts of the Wolf Trail	Song	Scripture	Faith in God	Gospel Standards
4 Know Your Home and Community	4 a. Write down the phone numbers you need to have. Put them by your phone. (police, fire, doctor, mother at work, father at work, family friend)				
	4 b. Know what to do if someone comes to the door and wants to come in when you are alone.				
	4 c. When I leave our home I will; turn off lights, close and lock windows, turn off water, take care of pet, have my key, lock all doors.			Developing Talents: List five things you can do to help around your home. Discuss the importance of obeying and honoring your parents and learning how to work.	
	4 d. Talk with others in your home about helping. Agree on the home jobs you will do.	A Happy Helper P 197	Alma 37:34 Teach them to never be weary of good works, but to be meek and lowly in heart; for such shall find rest to their souls.	Serving Others: Entertain young children with songs or games you have learned or made yourself. Show that you know how to care for and protect a young child. Developing Talents: List five things you can do to help around your home. Discuss the importance of obeying and honoring your parents and learning how to work.	I will honor my parents and do my part to strengthen my family.
5 Tools for Fixing and Building	5 a. Point out and name 8 tools and tell what each tool does.				
	5 b. Show how to use pliers.				
	5 c. Use a screwdriver to drive a screw.				
	5 d. Show how to use a hammer.				
	5 e. Use a pattern or a plan to make a birdhouse, a set of bookends, or something else useful.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	

Wolf

	Wolf Badge	You must fill 49 Tracks of Achievement through 12 parts of the Wolf Trail	Song	Scripture	Faith in God	Gospel Standards
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6	Start a Collection	6 a. Make a collection of anything you like. Start with 10 things. Put them together in a neat way.				
		6 b. Show and explain your collection to another person.				

7	Your Living World	7 a. Pick up litter you see. Put it where it belongs or recycle it.	A Happy Helper P 197	Galatians 6:9 And let us not be weary in well doing: for in due season we shall reap, if we faint not.		
		7 b. List 10 ways your neighborhood gets dirty (don't forget the air and water).				
		7 c. Write three ways to make where you live more beautiful, then do them.	Give Said the Little Stream P 236	Revelation: 2:19 I know thy works, and charity, and service, and faith, and thy patience, and thy works; and the last to be more than the first.	Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.	
		7 d. With a grown-up, find 3 or 4 stories from newspapers or magazines that tell how people are protecting our living world. Read and discuss them together.				
		7 e. List three ways you can save energy and do them.				

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8	Cooking and Eating	8 a. List some foods from each of the basic food groups. Fruits and vegetables; breads, cereals and pastas; dairy products; and Proteins.	The Prophet Said to Plant a Garden P 237	Hebrews 6:7 For the earth which drinketh in the rain that cometh oft upon it, and bringeth forth herbs meet for them by whom it is dressed, receiveth blessing from God. Genesis 6:21 And take thou unto thee of all food that is eaten, and thou shalt gather it to thee; and it shall be for food for thee, and for them. Genesis 2:9 And out of the ground made the Lord God to grow every tree that is pleasant to the sight, and good for food;	Learning and Living the Gospel. Read D&C 89. Discuss how Heavenly Father blesses us when we faithfully live the Word of Wisdom. Help plan and conduct an activity to teach the Word of Wisdom to others.	
		8 b. Plan the meals you and your family should have for one day. List things your family should have from the basic food groups.	For Health and Strength P 21 The Word of Wisdom	Genesis 2:16 And the Lord God commanded the man, saying, Of every tree of the garden thou mayest freely eat. Genesis 1:29 And God said, Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of the tree yielding seed; to you it shall be for meat.	Serving Others: Plan, prepare and serve a nutritious meal. Developing Talents: Learn about and practice good nutrition, good health, and good grooming, including modest dress	I will keep my mind and body sacred and pure, and I will not partake of things that are harmful to me.
		8 c. Help fix at least one meal for your family. Help set the table, cook the food, and wash the dishes.	I'm Trying to be Like Jesus P 79	Ephesians 6:7 With good will doing service, as to the Lord, and not to men.	Serving others: Plan, prepare, and serve a nutritious meal.	
		8 d. Fix your own breakfast. Wash and put away the dishes.				
		8 e. Help to plan, prepare, and cook and outdoor meal.	Families can be Together Forever P 188	Galatians 5:13 For, brethren, ye have been called unto liberty; only use not liberty for an occasion to the flesh, but by love serve one another.	Serving Others: Plan, prepare and serve a nutritious meal.	

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9	Be Safe at Home and on the Street	9 a. With a grown-up, check your home for things that may keep you safe. (tools and toys in their places, storage areas clear, step stools and ladders to reach high places, poisons are marked and stored where children cannot get them, dry your hands before touching an electric switch, keep stairs clear, keep closets neat, know where the water shutoff valve is, know where the electric fuse box or circuit breaker box is.	A Happy Helper P 197		Serving Others. Plan and complete your own activity to serve others.	I will honor my parents and do my part to strengthen my family.
		9 b. With a grown-up, check for danger from fire. Don't play with matches, keep gasoline and other dangerous things marked and away from fires or strong heat, visit a fire station, know where the fire exits are in all the buildings you enter, plan a family escape route from your home.				I will honor my parents and do my part to strengthen my family.
		9 c. Practice good rules of street and road safety. Don't play in the street. Walk on the left side of the road when there is no sidewalk. Obey traffic signs. Cross and crossings and look both ways. Wear your seat belt.			Serving Others: Read the 12th Article of Faith. Discuss what it means to be a good citizen and how your actions can affect others.	
		9 d. Know the rules of bike safety. Always wear a helmet. Ride your bike in a safe place. If you have to ride in the road, keep to the right. Watch out for others. Watch out for drain ditches. Don't be a showoff. Know how to signal right turn, left turn, stop or slow down.		Proverbs 28:7 Whoso keepeth the law is a wise son.	Serving Others: Learn about and practice good manners and courtesy.	

Wolf

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10	Family Fun (do 2 of the five)	10 a. Make a game to play with your family. (for instance - drop beans in to a tin can or do bean bag archery)	Family Night P 195		Serving Others. Plan and complete your own activity to serve others.	
		10 b. Plan a walk. Go to a park or a wooded area, or visit a zoo or museum with your family.	The World is so Big P 235 My Heavenly Father Loves Me P 228	Moroni 10:18	Developing Talents: Visit an art museum or attend a concert, play, or other cultural event. Share your experience with your family or activity day group.	I will honor my parents and do my part to strengthen my family.
		10 c. Read a book or Boys' Life magazine with your family. Take turns reading aloud.	Choose the Right Way P. 160	Proverbs 1:5 A wise man will hear, and will increase learning; and a man of understanding shall attain unto wise counsels	Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	I will honor my parents and do my part to strengthen my family.
		10 d. Decide with Akela what you will watch on television or listen to on the radio.	Keep the Commandments P 146			I will only read and watch things that are pleasing to Heavenly father. I will only listen to music that is pleasing to Heavenly Father.
		10 e. Attend a concert, a play, or other live program with your family.	Love at Home Hymns P 294	D&C 89:19 And shall find wisdom and great treasures of knowledge, even hidden treasures.	Developing Talents: Visit an art museum or attend a concert, play, or other cultural event. Share your experience with your family or activity day group.	I will honor my parents and do my part to strengthen my family.

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11	Duty to God (<i>See Religious Square Knot that follows</i>)	11 a. Talk with your folks about what they believe is their duty to God.	I am a Child of God P 2			
		11 b. Give some ideas on how you can show your religious beliefs.	The Sacrament P 72 . Father I will Reverent Be p 29 . Our Chapel is a Sacred Place P. 30 . I'm Trying to be Like Jesus P 78	Mosiah 2:17 And behold, I tell you these things that ye may learn wisdom: That ye may learn that when ye are in the service of your fellow beings ye are only in the service of your God.		I will be honest with Heavenly Father, others, and myself. I will use the names of Heavenly Father and Jesus Christ reverently. I will not swear or use crude words. I will do those things on the Sabbath that will help me feel close to Heavenly Father and Jesus Christ.
		11 c. Find out how you can help your church, synagogue, or religious fellowship.	To Think About Jesus P 71 . The Priesthood is Restored P 89	D&C 20-57, 5960 And is to be assisted always, in all his duties in the church, by the deacons, if occasion requires. . . They are however, to warn, expound, exhort, and teach, and invite all to come unto Christ. Every elder, priest, teacher, or deacon is to be ordained according to the gifts and callings of God unto Him; and he is to be ordained by the power of the Holy ghost, which is in the one who ordains him.	Learning and Living the Gospel: Plan and complete an activity that will help you learn and live the gospel. . Preparing for the Priesthood	

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	Scouting Religious Square Knot -	<i>For members of the Church of Jesus Christ of Latter-Day Saints</i>				
		1. Give a family home evening lesson on Joseph Smith's First Vision (see Joseph Smith -- History 1:1-20). Discuss how Heavenly Father answers our sincere prayers.	On a Golden Springtime	Joseph Smith History	Learning and Living the Gospel	I will follow Heavenly Father's plan for me. I will remember my baptismal covenant and listen to the Holy Spirit.
		2. Give an opening and a closing prayer in family home evening or at Primary. Share your feelings about how prayer protects us and helps us stay close to Heavenly Father and the Holy Spirit.	A Child's Prayer P 12	Ephesians 6:18 Praying always with all prayer and supplication in the Spirit, and watching there unto with all perseverance and supplication for all saints. 1 Thessalonians 5:17 Pray without ceasing.	Learning and Living the Gospel	
		3. Tell a story from the Book of Mormon that teaches about faith in Jesus Christ. Share your testimony of the Savior.	The Golden Plates P 86		Learning and Living the Gospel	
		4. Prepare a pedigree chart with you name and your parents' and grandparents' names. Prepare a pedigree chart, family group sheet, and share a family story. Discuss how performing temple work blesses families.	I Have a Family Tree P 199	Malachi 4:6 And he shall turn the heart of the fathers to the children, and the heart of the children to their fathers, lest I come and smite the earth with a curse.	Learning and Living the Gospel	I will live now to be worthy to go to the temple and do my part to have an eternal family.
		5. Write a letter to a teacher, your parents, or your grandparents telling them what you appreciate and respect about them.	Teach me to Walk in the Light P 177	Mosiah 26:39	Serving Others	
		6. Help your Primary Leaders plan and carry out an upcoming quarterly activity.	Love one Another P 136	Mathew 5:16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.	Serving Others	
		7. Write a poem, story, or short play that teaches of the gospel or is about Heavenly Father's creations.	When We're Helping P. 198	D&C 130:18 Whatever principle of intelligence we attain unto in this life, it will rise with us in the resurrection.	Developing Talents: Write a poem, story, or short play that teaches a principle of the gospel or is about Heavenly Father's creations.	

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12	Making Choices (do 4 of the nine)	12 a. There is an older boy who hangs around Jason's school trying to give pills to the children. What should Jason do?	Choose the Right P 239	D&C 121:46 The Holy Ghost shall be thy constant companion, and thy scepter and unchanging scepter of righteousness and truth; and thy dominion shall be an everlasting dominion, and without compulsory means it shall flow unto thee forever and ever.	Learning and Living the Gospel: Explain what agency is and what it means to be responsible for your choices. Discuss how making good choices has helped you develop greater faith.	I will keep my mind and body sacred and pure, and I will not partake of things that are harmful to me.
		12 b. Mel is home alone when the phone rings and someone asks for his mother. What should Mel do?				
		12 c. Jaun is on a walk with his little sister when a man asks them to come over to his car. What should Jaun do?	The Still Small voice p 106			I will remember my baptismal covenant and listen to the Holy Ghost.
		12 d. Matthew's grandmother gives him money for ice cream. When he goes to the store a bigger boys threatens to hit him if he doesn't give the boy his money. What should Matthew do.				
		12 e. Chris and his little brother are home alone when a man says he wants to read the meter and he is not wearing a uniform. What should Chris do?	Listen, Listen P 107			I will remember my baptismal covenant and listen to the Holy Ghost.
		12 f. Sam is home alone and looks out the window and sees a man trying to break into a neighbor's back door. What should Sam do?				
		12 g. Some school kids want Bob to steal candy and gum from a store. He wants to be popular. What should he do?				I will choose the right.
		12 h. What would you do if someone came up to you and said your parent was sick and your were to go with him?	The Holy Ghost P 105			I will remember my baptismal covenant and listen to the Holy Ghost.
		12 i. What would you do if you were in a public restroom and someone tried to touch you?				I will remember my baptismal covenant and listen to the Holy Ghost.

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	Elective 1 It's a Secret	a. Use a secret code.				
		b. Write to a friend in invisible "ink".			Developing Talents: Plan and complete your own activity that will help you develop your talents.	I will seek good friends and treat others kindly.
		c. "Write" your name with the alphabet deaf and hearing impaired people use.	I'll Walk With You P 140		Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	
		d. Use 12 Native American signs to tell a story.				

	Elective 2 Be an Actor	a. Help to plan and put on a skit with costumes.			Developing Talents: Write a poem, story, or short play that teaches a principle of the gospel or is about Heavenly Father's creations.	
		b. Make some scenery for a den skit.				
		c. Make sound effects for a den skit.				
		d. Be the announcer for a den skit.				
		e. Make a paper sack mask for a skit.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	

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	Elective 3 Make it yourself.	a. Make something useful for your home, church, or school.				
		b. Measure to see how far you can stretch you hand using a centimeter ruler.				
		c. Use a bench fork to help you use a coping saw to cut wood.				
		d. Make a wooden door stop.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	

	Elective 4 Play a game	a. Play pie-tin washer toss.				
		b. Play marble sharpshooter.				
		c. Play ring toss				
		d. Play beanbag toss				
		e. Play a game of marbles.				

	Elective 5 Spare time fun	a. Explain safety rules for kite flying.				
		b. Make a fly a paper-bag kite.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
		c. Or - make a two stick kite			" "	
		d. Or - make a three tick kite			" "	
		e. Make and use a reel for kite string.			" "	
		f. Make a model boat with a rubber-band propeller.			" "	
		ghi. Make and put together some kind of model boat. Credit given each time you make a different model boat.			" "	

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Elective 6 Books, Books, Books	a. Go to a public library with an adult. Find out how to get your own library card. Name four kinds of books that interest you.				I will only read and watch things that are pleasing to Heavenly Father.
	b. Choose a book on a subject that you like and read it. With an adult, discuss what you read and what you think about.	Improve the Shining Moments Hymns p. 226	Proverbs 1:5 A wise man will hear, and will increase learning; and a man of understanding shall attain unto wise counsels. 1 Timothy 4:13 Till I come, give attendance to reading, to exhortation, to doctrine.	Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	I will only read and watch things that are pleasing to Heavenly Father.
	c. Show that you know how to take care of books. Show how to open a new book. Make a paper or plastic cover for a book.				

Elective 7 Foot Power	a. Learn to walk on a pair of stilts.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
	b. Make a pair of puddle jumpers and walk with them. (uses cans)				
	c. Make a pair of footracers and use them with a friend. (wooden thongs that take two boys to use - they then have to coordinate so they lift their left feet at the same time and move forward then lift right feet at the same time and move forward. etc, etc.)				

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Elective 8 Machine Power	a. Name 10 kinds of trucks, construction machinery, or farm machinery.				
	b. Use a wheel and axle. (example - use a wheelbarrow)	The Hand Cart Song P 220			
	c. Find some pulleys where you live.				
	d. Make and use a windlass.			Developing Talents: Plan and complete your own activity that will help you develop your talents.	

Elective 9 Lets have a Party	a. Make a gift or toy to give to someone.	A Special Gift is Kindness P 145	2 Corinthians 9:7 Every man according as he purposeth in his heart, so let him give; not grudgingly, or of necessity: for God loveth a cheerful giver.	Serving Others: Plan and complete your own activity to serve others.	I will seek good friends and treat others kindly.
	b. Make a gift or toy to give to someone. (credit given for each gift made.)	Kindness Begins With me P145		Serving Others: Plan and complete your own activity to serve others.	I will seek good friends and treat others kindly.
	c. Help with a home or den party and report what you did.			Help your Primary leaders plan and carry out an upcoming quarterly activity.	

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Elective 10 Native American Lore	a. Read a book or tell a story about Native Americans, past or present.	Book of Mormon Stories P 118	D&C 49:24 But before the great day of the Lord shall come, Jacob shall flourish in the wilderness, and the Lamanties shall blossom as the rose.	Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	I will only read and watch things that are pleasing to Heavenly Father.
	b. Make a tom-tom.			Developing Talents: Learn to sing, play, or lead a song from the Children's Songbook: Teach or share the song in a family home evening or at Primary. Discuss how developing talents helps prepare us for service to Heavenly Father and others.	
	c. Make traditional clothing.			Developing Talents: Plan and complete your own activity that will help you develop your talents.	
	d. Finish a feather for a headband or other decoration.			Developing Talents: Plan and complete your own activity that will help you develop your talents.	
	e. Make a headband for the finished feather.			Developing Talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art. Display your finished work for others to see.	
	f. Learn 12 word pictures and write a story with them.			Developing Talents: Write a poem, story, or short play that teaches a principle of the gospel or is about Heavenly Father's creations.	

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	Elective 11 Sing-along	a. Learn and sing the first and last verses of "America".	My Country 'Tis of Thee P 339 Hymns			
		b. Learn and sing the first verse of our national anthem.	The Star Spangled Banner P 340 Hymns			
		c. Learn the words and sing three Cub Scout songs.				
		d. Learn the words and sing the first verse of three other songs, hymns, or prayers. Write the verse of one of the songs learned.	Choose the Right P 239	2 Nephi 2:27 Wherefore, men are free according to the flesh; and all things are given them which are expedient unto man. And they are free to choose liberty and eternal life, through the great Mediator of all men, or to choose captivity and death, according to the captivity and power of the devil; for he seeketh that all men might be miserable like unto himself.	Learning and Living the Gospel: Learn to sing "Choose the Right" Hymn no. 239. Explain what agency is and what it means to be responsible for your choices. Developing Talents: Learn to sing, play, or lead a song from the Children's Songbook: Teach or share the song in a family home evening or at Primary. Discuss how developing talents helps prepare us for service to Heavenly Father and others.	I will only listen to music that is pleasing to Heavenly Father.
		e. Learn a song that would be sung as a grace before meals. Write the words down.	For Health and Strength P 21 . For Thy Bounteous Blessing P 21 . Family Prayer P 188	Psalms 50:14 Offer unto God thanksgiving; and pay thy vows unto the most High	Learning and Living the Gospel: Plan and complete an activity that will help you learn and live the gospel.	

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	Elective 12 Be an Artist	a. Make a freehand sketch.	I am Like a Star P. 163	1 Timothy 4:14 Neglect not the gift that is in thee	Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
		b. Tell a story in three steps by drawing three cartoons.				
		c. Mix yellow and blue paints to make green; yellow and red to make orange; and red and blue to make violet.				
		d. Help draw, paint, or crayon some scenery for a den or pack skit or puppet show.	I Pledge Myself to Love the Right P. 161	D&C 6:11	Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
		e. Make a stencil pattern.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
		f. Make a poster for a Cub Scout project or pack meeting.	Choose the Right Way P. 160	D&C 60:13	Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	

	Elective 13 Birds	a. Make a list of all the birds you saw in a week and tell where you saw them.	Springtime is Coming P 238		Serving Others: Plan and complete your own activity to serve others.	
		b. Put out nesting material for birds and tell which birds might use it.	Birds in the Trees P 241		" "	
		c. Read a book about birds.			" "	I will only read and watch things that are pleasing to Heavenly Father.
		d. Point out 10 different kinds of birds. (5 may be from pictures)			" "	
		e. Feed wild birds and tell which birds you fed.			" "	
		f. Put out a birdhouse and tell which birds use it.			" "	

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	Elective 14 Pets	a. Take care of a pet.				
		b. Know what to do when you meet a strange dog.				
		c. Read a book about a pet and tell about it at a den meeting.			Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	I will only read and watch things that are pleasing to Heavenly Father.
		d. Tell what is meant by rabid. Tell what you should do if you see a dog or wild animal that acts as if it may be rabid.				

	Elective 15 Grow Something	a. Plant and raise a box garden.	Little Seeds Lie Fast Asleep P 243		Learning and Living the Gospel: Plan and complete an activity that will help you learn and live the gospel.	
		b. Plant and raise a flower bed.	Little Purple Pansies P 244			
		c. Grow a plant indoors.				
		d. Plant and raise vegetables.	The Prophet Said to Plant a Garden P 237			

	Elective 16 Family Alert	a. Talk with your family about what you will do in an emergency.			Learning and Living the Gospel: Plan and complete an activity that will help you learn and live the gospel.	
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		b. In case of a bad storm or flood, know where you can get safe food and water in your home. Tell how to purify water. Show one way. Know where and how to shut off water, electricity, gas, or oil.				
		c. Make a list of your first aid supplies, or make a first aid kit. Know where the first aid things are kept.				

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	Elective 17 Tie it Right	a. Learn to tie an overhand knot and a square knot.			Developing Talents: Plan and complete your own activity that will help you develop your talents.	
		b. Tie your shoelaces with a square bow knot.				
		c. Wrap and tie a package so that it is neat and tight.				
		d. Tie a stack of newspapers the right way.				
		e. Tie two cords together with an overhand knot.				
		f. Learn to tie a necktie.				
		g. Wrap the end of a rope with tape to keep it from unwinding.				

	Elective 18 Outdoor Adventure	a. Help plan and hold a picnic with your family or den.			Developing Talents: Learn about and practice good nutrition, good health, and good grooming, including modest dress	I will honor my parents and do my part to strengthen my family.
		b. With your folks, help plan and run a family or den outing.				
		c. Help plan a lay out a treasure hunt.				
		d. Help plan and lay out an obstacle race.				
		e. Help plan a lay out an adventure trail (in a park or playground).				
		f. Take part in two summertime pack events with your den.				
		g. Point out poison plants. Tell what to do if you accidentally touch one of them.		D&C 88:118 And as all have not faith, seek ye diligently and teach one another words of wisdom; yea, seek ye out of the best books words of wisdom; seek learning, even by study and also by faith.	Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	

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	Wolf Badge	You must fill 49 Tracks of Achievement through 12 parts of the Wolf Trail	Song	Scripture	Faith in God	Gospel Standards
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	Elective 19 Fishing	a. Point out five fish.				
		b. Rig a pole with the right kind of line. Attach a hook, bobber, and sinker if you need them. Then go fishing.	Oh, What do you do in the Summertime ? P 245		Developing Talents: Plan and complete your own activity that will help you develop your talents.	
		c. Fish with members of your family or a grown-up. Bait your hook and catch a fish.				
		d. Know the rules of safe fishing.				
		e. Tell some of the fishing laws where you live.			Serving Others: Read the 12th Article of Faith. Discuss what it means to be a good citizen and how your actions can affect others.	
		f. Show how to use a rod and reel.				

	Elective 20 Sports	a. Play a game of tennis, table tennis, or badminton.				
		b. Know boating safety rules.				
		c. Know archery safety rules. Know how to shoot right. Put four of six arrows into a 1.2 meter target that is 15 steps away from you.				
		d. Understand the safety and courtesy codes for skiing. Show walking and kick turn. Do climbing with side stop or herringbone. Show the snowplow or stem turn and how to get up from a fall.				
		e. Know the safety rules for ice skating. Skate, without falling, as far as you can walk in 50 steps. Come to a stop. Show a turn from forward to backward.				
		f. In roller skating, know the safety rules. From a standing start, skate forward as far as you can walk in 50 steps. Come to a stop within 10 walking steps. Skate around a corner one way without coasting. Then do the same coming back. Show a turn from forward and backward.				
		g. Go bowling				
		h. Show how to make a sprint start in track. Run 45 meters in 11 seconds or less.				
		i. Play a game of touch or flag football.				

Wolf

	Wolf Badge	You must fill 49 Tracks of Achievement through 12 parts of the Wolf Trail	Song	Scripture	Faith in God	Gospel Standards
		j. Play a game of soccer. Show how to dribble and kick.				
		k. Play a game of baseball or softball.				
		l. Show how to shoot, pass, and dribble a basketball. Take part in a game.				

Wolf

	Wolf Badge	You must fill 49 Tracks of Achievement through 12 parts of the Wolf Trail	Song	Scripture	Faith in God	Gospel Standards
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	Elective 21 Computers	a. Visit a place where computers are used. Find out what they are used for.			Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	
		b. Play a computer game.				
		c. If you have a computer at home, ask your parent to show how it is used to help your family. Or, tell how you use a computer at home or school.			Developing Talents: Plan and complete your own activity that will help you develop your talents.	I will only read and watch things that are pleasing to Heavenly Father.

	Elective 22 Say it Right	a. Say "Hello" in a language other than English.	Children all Over the World P 16		Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	
		b. Count to 10 in a language other than English.			" "	
		c. Tell a short story to your den, your den leader, or a grown up.			Developing Talents: Plan and complete your own activity that will help you develop your talents.	
		d. Tell how to get to a nearby police station from your home, your den meeting, and school. Use directions and street names.				

Wolf

	Wolf Badge	You must fill 49 Tracks of Achievement through 12 parts of the Wolf Trail	Song	Scripture	Faith in God	Gospel Standards
		e. Invite a boy to join Cub Scouting or help a new Cub Scout through the Bobcat trail.	Dare to do Right P. 158 . Jesus Said Love Everyone P 61	1 Timothy 6:18 That they do good, that they be rich in good works, ready to distribute, willing to communicate	Serving Others: Plan and complete your own activity to serve others.	I will seek good friends and treat others kindly.

Bear

BEAR		You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards	
God	1	Ways We Worship	Practice your religion as you are taught in your home, church, synagogue, mosque, or other religious community.	I will Be Valiant P 162 The Things I do P 170 I Will Follow God's Plan P 164	John 14:15 If ye love me, keep my commandments.	Learning and Living the Gospel: Explain what agency is and what it means to be responsible for your choices. Discuss how making good choices has helped you develop greater faith.	I will follow Heavenly Father's plan for me.
	2	Emblems of Faith	Earn the religious emblem of your faith. <i>(Religious Square Knot for members of the Church of Jesus Christ of Latter-Day Saints.</i>	Seek the Lord Early P. 102	1 John 2:3 And hereby we do know that we know him, if we keep his commandments.	Learning and Living the Gospel: All parts	
		Scouting Religious Square Knot -	1. Give a family home evening lesson on Joseph Smith's First Vision (see Joseph Smith -- History 1:1-20). Discuss how Heavenly Father answers our sincere prayers.	On a Golden Springtime	Joseph Smith History . 1 Thessalonians 5:17 Pray without ceasing.	Learning and Living the Gospel	I will be honest with Heavenly Father, others, and myself. I will use the names of Heavenly Father and Jesus Christ reverently. I will not swear or use crude words. I will do those things on the Sabbath that will help me feel close to Heavenly Father and Jesus Christ.
			2. Give an opening and a closing prayer in family home evening or at Primary. Share your feelings about how prayer protects us and helps us stay close to Heavenly Father and the Holy Spirit.	A Child's Prayer P 12	Ephesians 6:18 Praying always with all prayer and supplication in the Spirit, and watching there unto with all perseverance and supplication for all saints.	Learning and Living the Gospel	I will follow Heavenly Father's plan for me.
			3. Tell a story from the Book of Mormon that teaches about faith in Jesus Christ. Share your testimony of the Savior.	The Golden Plates P. 86		Learning and Living the Gospel	
			4. Prepare a pedigree chart with you name and your parents' and grandparents' names. Prepare a pedigree chart, family group sheet, and share a family story. Discuss how performing temple work blesses families.	I Have a Family Tree P. 199	Malachi 4:6 And he shall turn the heart of the fathers to the children, and the heart of the children to their fathers, lest I come and smite the earth with a curse.	Learning and Living the Gospel	I will live now to be worthy to go to the temple and do my part to have an eternal family.
			5. Write a letter to a teacher, your parents, or your grandparents telling them what you appreciate and respect about them.	Teach me to Walk in the Light P. 177	Mosiah 26:39	Serving Others	
			6. Help your Primary Leaders plan and carry out an upcoming quarterly activity.	Love one Another P 136	Mathew 5:16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.	Serving Others	
			7. Write a poem, story, or short play that teaches of the gospel or is about Heavenly Father's creations.	When We're Helping P. 198	D&C 130:18 Whatever principle of intelligence we attain unto in this life, it will rise with us in the resurrection.	Developing Talents: Write a poem, story, or short play that teaches a principle of the gospel or is about Heavenly Father's creations.	

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.		Song	Scripture	Faith in God	Gospel Standards
Country	3	What Makes America Special	Do requirement "a" and pick three more.			
			3a. Write or tell what makes America special to us.	America The Beautiful P 338 Hymns	3 Nephi 24:12 And all nations shall call you blessed, for ye shall be a delightful land, saith the Lord of Hosts.	
			3b. With the help of your family or den leader, find out about two Americans. Tell the things they did or are doing to improve our way of life.			
			3c. Find out something about the old homes near the place where you live. Go and see two of them.		Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.	
			3d. Find out where places of historical interest in or near your town are located. Go and visit one of them with your family or den.		D&C 128:24 Let us, therefore, as a church and a people, and as Latter-day Saints, offer unto the Lord an offering in righteousness; and let us present in his holy temple, when it is finished, a book containing the records of our dead, which shall be worthy of all acceptation.	Learning and Living the Gospel: Prepare a pedigree chart, family group sheet, and share a family story. Discuss temple work.
			3e. Pick your favorite state or home state. Name its state bird, tree, and flower. Describe its flag. Give the date it was admitted to the union.			
			3f. Be a member of the color guard in a flag ceremony for your den or pack.			
			3g. Display the U. S. flag in your home or fly it on three national holidays.	MY Flag, My Flag P 225		

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
4	Tall Tales				
		Do all three requirements:			
		4a. Tell in your own words what folklore is. List some folklore stories, folksongs, or historical legends from you own state or part of the country.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		4b. Name at least five stories about American folklore. Point out on a United States map where they took place.			
		4c. Read two folklore stories and tell your favorite one to your den leader.			Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.
5	Sharing Your World With Wildlife				
		Do four of the following:			
		5a. Choose a bird or animal that you like and find out how it lives. Make a poster showing what you have learned.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		5b. Build or make a bird feeder or bird house.	Birds in the Tree P 241		Developing Talents: Plan and complete your own activity that will help you develop your talents.
		5c. Explain what a wildlife conservation officer does.			
		5d. Visit one of the following: zoo, nature center, wildlife refuge, game preserve.		Abraham 4:20 And the Gods said: Let us prepare the waters to bring forth abundantly the moving creatures that have life; and the fowl, that they may fly above the earth in the open expanse of heaven.	Developing Talents: Visit an art museum or attend a concert, play, or other cultural event. Share your experience with your family or activity day group.
		5e. Name one animal that has become extinct in the last 100 years. Tell why animals become extinct.			

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	6 Take Care of Your Planet				
		6a. Save 5 pounds of glass or aluminum, or 1 month of newspapers, and turn them in at a recycling center.			Serving Others: Plan and complete your own activity to serve others.
		6b. Plant a tree in your yard, or on the grounds of the group that operates your Cub Scout pack, or in a park. Be sure to get permission first.	In the Leafy Treetops P 240	Genesis 2:9 And out of the ground made the Lord God to grow every tree that is pleasant to the sight, and good for food;	Serving Others: Read and discuss the parable of the good Samaritan. Luke 10:30-37. Plan and complete a service project that helps a family member or neighbor.
		6c. Call city or county officials or your trash hauling company and find out what happens to your trash after it is hauled away.			Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.
		6d. Do a water-usage survey in your home. Note all ways water is used. Look for any dripping faucets.			
		6e. Discuss with one of your parents the ways your family uses energy.			
		6f. Find out more about your family's use of electricity.			

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	7 Law Enforcement is a Big Job				
		7a. Make a set of your own fingerprints.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		7b. Make a plaster cast of a shoeprint in the mud.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		7c. Check the doors and windows of your home.			
		7d. Visit your local sheriff's office or police station.			Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.
		7e. Be sure you know where to get help in your neighborhood.			
		7f. Be sure fire and police numbers are listed by the phone at your home.			
		7g. Know what you can do to help law enforcement.	Go the Second Mile P 167	D&C 134: 6 We believe that every man should be honored in his station, rulers and magistrates as such, being placed for the protection of the innocent and the punishment of the guilty; and that to the laws all men show respect and deference, as without them peace and harmony would be supplanted by anarchy and terror. . .	Serving Others: Read the 12th Article of Faith. Discuss what it means to be a good citizen and how your actions can affect others.

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
Family	8 The Past is Exciting and Important	Do three of the following requirements:			
		8a. Visit your library or newspaper office. Ask to see back issues of newspapers or an almanac. Determine what was happening in the world when you were born. What happened July 20, 1969? What happened when you were five years old?			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		8b. Find someone who was a Cub Scout a long time ago. Talk with him about what Cub Scouting was like then. What did they do at Den meetings, pack meetings, and what kind of uniform did they wear?		1 Timothy 4:13 Till I come, give attendance to reading, to exhortation, to doctrine.	
		8c. Start a pack scrapbook and give something to it such as a picture, a pack meeting program, a report on a service project, etc.			
		8d. Trace your family back through your grandparents or great grandparents; or, talk to your grandparents about what it was like when they were younger.	I Have a Family Tree P 198 The Hearts fo the Children P 92	Malachi 4:6 And he shall turn the heart of the fathers to the children, and the heart of the children to their fathers, lest I come and smite the earth with a curse.	Learning and Living the Gospel: Prepare a pedigree chart, family group sheet, and share a family story. Discuss temple work.
		8e. Find out some history about your community. Talk to someone who has lived in your community for a long time. Where was the first school? Where was the firehouse? Where were the places of worship?			
		8f. Keep a diary for two weeks. Jot down some of the things you do each day.	Family History, I am Doing it P 94		

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
9	What's Cooking?	Do four of the following requirements:			
		9a. Bake cookies.	Kindness Begins with Me	Luke 10:33 But a certain Samaritan, as he journeyed, came where he was: and when he saw him, he had compassion on him.	Serving Others: Read and discuss the parable of the good Samaritan. Luke 10:30-37. Plan and complete a service project that helps a family member or neighbor.
		9b. If your parent or guardian says it is all right volunteer to make snacks for the next den meeting.			Developing Talents: Learn about and practice good nutrition, good health, and good grooming, including modest dress
		9c. Prepare one part of your breakfast, one part of your lunch, and one part of your supper. (squeeze you own orange juice, heat soup, make a sandwich, boil potatoes, make spaghetti, etc.)	When We're Helping P 198	D&C 89:10 And again, verily I say unto you, all wholesome hers God hath ordained for the constitution, nature, and use of man.	Serving Others: Plan, prepare and serve a nutritious meal
		9d. Make a list of the "junk" foods you eat. Discuss "junk" food with your parent or teacher.	The Word of Wisdom P 154	D&C 89:20 And shall run and not be weary, and shall walk and not faint.	Learning and Living the Gospel. Read D&C 89. Discuss how Heavenly Father blesses us when we faithfully live the Word of Wisdom. Help plan and conduct an activity to teach the Word of Wisdom to others.
		9e. Make some healthful after-school snacks or some snacks for watching television. For example -"nuts and bolt"- peanuts, raisins and dry cereal mixed together.	In our Lovely Deseret - Hymns P. 307	D&C 89:18 And all saints who remember to keep and do these sayings, walking in obedience to the commandments, shall receive health in their navel and marrow to their bones.	Learning and Living the Gospel. Read D&C 89. Discuss how Heavenly Father blesses us when we faithfully live the Word of Wisdom. Help plan and conduct an activity to teach the Word of Wisdom to others.
		9f. Make a dessert for your family.			

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
10	Family Fun	Do both of these requirements:			
		10a. Visit one of the following: Park, airport, farm/ranch, museum, seashore. Practice good car behavior and safety, use good manners and be considerate of others when traveling on a bus, train, subway, ferry, etc.	The World is so Big P. 235		Developing Talents: Visit an art museum or attend a concert, play, or other cultural event. Share your experience with your family or activity day group.
		10b. Have a "family-make-and-do-night". Get together and make homemade games, things for holidays, or party decorations.	The Family P 194	Ephesians 4:32 And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.	Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project. Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.
11	Be Ready	Do the first four requirements; the last one is recommended, but not required.		D&C 88: 119 Organize yourselves; prepare every needful thing; and establish a house, even a house of prayer, a house of fasting, a house of faith, a house of learning, a house of glory, a house of order, a hues of God	
		11a. Tell what to do in case of accident in the home; parents need help; and clothes catch on fire.			Entertain young children with songs or games you have learned or made yourself. Show that you know how to care for and protect a young child.
		11b. Tell what to do in case of a water accident.		Luke 10:30-37	Serving Others: Read and discuss the parable of the good Samaritan. Luke 10:30-37. Plan and complete a service project that helps a family member or neighbor.
		11c. Tell what to do in case of a school bus accident.			
		11d. Tell what to do in case of a car accident.			
		11e. Have a health checkup by a physician. (optional)	Healthy Wealthy and Wise P 280		

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.		Song	Scripture	Faith in God	Gospel Standards
12	Family Outdoor Adventures	Do three of the following requirements:				
		12a. Go camping with your family.	Love at Home Hymns P. 194	1 John 2:10 But he that hateth his brother is in darkness, and walketh in darkness, and knoweth not whither he goeth, because that darkness hath blinded his eyes.	Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.	
		12b. Go on a hike with your family.	I Often go Walking P 202	2 Peter 1:7 And to godliness brotherly kindness; and to brotherly kindness charity.	Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.	
		12c. Have a picnic with your family.	All Things Bright and Beautiful P. 231	D&C 20:48 For it is given unto them even as I will, according to mine own pleasure, that great things may be required at the hand of their fathers.	Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.	
		1d. Attend an outdoor event with your family.	The World is so big. P 235	Moses 3: 5 And every plant of the field before it was in the earth, and every herb of the field before it grew. For I, the Lord God, created all things, of which I have spoken, spiritually before they were naturally upon the face of the earth.	Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.	
		12e. Plan your outdoor family day.	All Things Bright and Beautiful P. 231	D&C 104:13 For is it expedient that I, the Lord, should make every man accountable, as a steward over earthly blessings, which I have made and prepared for my creatures.	Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.	

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.		Song	Scripture	Faith in God	Gospel Standards
	13	Saving Well, Spending Well				
		Do four of the following requirements:				
		13a. Go grocery shopping with a parent. Compare prices of different brands of the same item. Check the prices at different stores. Read the ads in your newspaper.	When We're Helping P 198	2 Nephi 9:51 Wherefore, do not spend money for that which is of not worth, nor your labor for that which cannot satisfy.		
		13b. Set up a savings account.		D&C 48:4 It must needs be necessary that ye save all the money that ye can, and that ye obtain all that ye can in righteousness, that in time ye may be able to purchase land for an inheritance, even the city.	Developing Talents: Learn how to budget and save money. (3 Nephi 24:10-11) Pay your tithing and begin saving for a mission.	
		13c. Keep a record of how you spend money for 2 weeks. Decide if you spent your money wisely.	I want to Give the Lord my Tenth. P 150 I Hope They Call me on a Mission	Malachi 3:10 Bring ye all the tithes into the storehouse, that there may be meat in mine house, and prove me now herewith, saith the Lord of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it.	Developing Talents: Learn how to budget and save money. (3 Nephi 24:10-11) Pay your tithing and begin saving for a mission.	I will follow Heavenly Father's plan for me.
		13d. Make believe you are shopping for a car for your family. Look through newspaper ads. Compare the price of cars. Are the cars large enough for your family? How about gas mileage? Pick one you think is best for your family.				
		13e. Discuss family finances with one of your parents. Find out how you can help with family finances.				
		13f. Play a board game with your family that involves the use of make-believe money. Does the person who wins most of the time take fewer chances? Are you getting better at the game?	The Family P 194		Learning and Living the Gospel: Plan and complete an activity that will help you learn and live the gospel.	
		13g. Figure out how much it costs for each person in your home to eat one meal.			Developing Talents: Plan and complete your own activity that will help you develop your talents.	

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.		Song	Scripture	Faith in God	Gospel Standards
Self	14	Ride Right	Do requirement "a" and three more			
			14a. Know the rules for bike safety. If your town requires a bicycle license, be sure to get one.		Serving Others: Learn about and practice good manners and courtesy.	
			14b. Learn to ride a bike, if you haven't by now. Show that you can follow a winding course for 60 feet doing sharp left and right turns, a U-turn, and an emergency stop.		Developing Talents: Plan and complete your own activity that will help you develop your talents.	
			14c. Keep your bike in good shape. Identify the parts of a bike that should be checked often.			
			14d. Change a tire on a bicycle. (repair tube)			
			14e. Protect your bike from theft. Use a bicycle lock. Write down your bicycle's serial number. Have your name engraved somewhere on your bike.			
			14 f. Ride a bike for one mile without rest, and be sure to obey all traffic rules.		Serving Others: Read the 12th Article of Faith. Discuss what it means to be a good citizen and how your actions can affect others.	
			14g. Plan and take a family bike hike.	Love at Home Hymns p. 294	Isaiah 41:6 They helped every one his neighbour; and every one said to his brother, Be of good courage.	Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	15 Games, Games, Games				
		Do two of the following requirements:			
		15a. Set up the equipment and play any two of these outdoor games with your family or friends. (backyard golf, badminton, croquet, sidewalk shuffleboard, kickball, tenpins, tetherball, horseshoes volleyball)	Family Night P 195		Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project. Help your Primary leaders plan and carry out an upcoming quarterly activity.
		15b. Play two organized games with your den. Pick games that everyone can play.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		15c. Select a game your den has never played. Explain the rules. Tell them how it is played, then play it with them.			Serving Others: Learn about and practice good manners and courtesy.
	16 Building Muscles				
		Do all of the following requirements:			
		16a. Do physical fitness stretching exercises. Then do sit-ups, pushups, the standing long jump, and softball throw.	Head, Shoulders, Knees and Toes P 275		Developing Talents: Plan a physical fitness program for yourself that may include learning to play a sport or a game. Participate in the program for one month.
		16b. With a friend, compete in a least six different two-person contests. (One man push over line. Chinese Pull. One Man Pull over line. Foot push. One-legged hand wrestle. Stand up back-to-back push. Sit down back-to-back push. Hand wrestle. Elbow wrestle.)			
		16c. Compete with your den or pack in the crab relay, gorilla relay, 30-yard dash, and kangaroo relay.			

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards	
17	Information Please					
		Do requirement "a" and three more of the following requirements:				
		17a. With an adult in your family, select a TV show to watch together. After the show, talk about it.	Choose the Right P 239	D&C 109:16 And that this house may be a house of prayer, a house of fasting, a house of faith, a house of glory and of God, even thy house.	Learning and Living the Gospel: Explain what agency is and what it means to be responsible for your choices. Discuss how making good choices has helped you develop greater faith.	I will only read and watch things that are pleasing to Heavenly Father.
		17b. Visit a newspaper office or TV or radio station and talk to a news reporter.			Developing Talents: Plan and complete your own activity that will help you develop your talents.	
		17c. Play a game of charades at your den meeting, or with your family at home.				
		17d. Visit a place where computers are used. Talk to the person in charge. Find out how they put information into the computer, what the computer does with that information and how the people get information from the computer.			Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	
		17e. Write a letter to a company that makes something you use. Tell them what you think about their product. Ask them where it is made.			Developing Talents: Plan and complete your own activity that will help you develop your talents.	
		17 f. Talk with one of your parents or another family member about how getting and giving facts fits into his or her job.				

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.		Song	Scripture	Faith in God	Gospel Standards
	18	Jot it Down				
		18a. Make a list of the things you want to do today. Check them off when you have done them.	The Things I Do P 170		Developing Talents: Plan and complete your own activity that will help you develop your talents.	
		18 b. Write two letters to relatives.			Serving Others: Write a letter to a teacher, your parents or your grandparents telling them what you appreciate and respect about them.	
		18 c. Keep a daily record of your activities for 2 weeks. (Get up in the morning, eat breakfast, go to school, eat lunch, etc.)				
		18 d. Write an invitation to someone.			Serving Others: Learn about and practice good manners and courtesy.	
		18e. Write a story about something you have done with your family.			Learning and Living the Gospel: Share a family story. Discuss temple work. Developing Talents: Write a poem, story, or short play that teaches a principle of the gospel or is about Heavily Father's creations.	I will honor my parents and do my part to strengthen my family.
		18f. Write a thank-you note.	Count Your Blessings Hymns p. 241	12 Thessalonians 5:18 And in every thing give thanks: for this is the will of God in Christ Jesus concerning you Alma 34:38 And that ye live in thanksgiving daily, for the many mercies and blessings which he doth bestow upon you.	Serving Others: Write a letter to a teacher, your parents or your grandparents telling them what you appreciate and respect about them.	
		18 g. Write about the doings of your den.				

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	19 Shavings and Chips		Do all of the following requirements:		
			19a. Know the safety rules for handling a knife.		
			19b. Show that you know how to take care of and use a pocketknife. (sharpen a knife on a sharpening stone - if you don't have a sharpening stone - make a sharpening stick. Learn how to make shaving cuts and chips.		Developing Talents: Plan and complete your own activity that will help you develop your talents.
			10c. Make a carving with a pocketknife. Work with your parent or den leader in doing this.		Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.
			10d. Earn the Whittling Chip card. (learn the pocketknife pledge)		
	20 Sawdust and Nails		Do all of the following requirements:		
			10a. Show how to use and take care of four of these tools: (crescent wrench, coping saw, C Clamp, hand saw, bit, brace, hand drill, hammer, bench vise, wood plane, screw driver, pliers)		
			10 b. Build your own tool box.		Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.
			10c. Use at least two tools listed in requirement "a" to fix something.		Developing Talents: Plan and complete your own activity that will help you develop your talents.

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	21 Build a Model		Do three of the following requirements:		
			21 a. Build a model from a kit. Follow the directions and customize it any way you like.		Developing Talents: Plan and complete your own activity that will help you develop your talents.
			21 b. Build a display for one of your models.		
			21 c. Make believe you are planning to change the furniture layout in one of the rooms in your home. Draw the outline of the room on a piece of paper. Cut paper cutouts of the furniture (to scale) to plan the changes.		
			21 d. Make a model of a mountain, a meadow, a canyon, or a river. Use dirt, sand, stones, twigs, and grass cuttings.		Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.
			21 e. Look at a model of a shopping center or new building that is on display somewhere.		
			21 f. Make a model of anything - a rocket, boat, car, or plane.		

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	22 Tying it All Up		Do five of the following requirements:		
			22 a. Whip the ends of a rope. (use string or tape to wrap the ends of rope to keep it from fraying)		Developing Talents: Plan and complete your own activity that will help you develop your talents.
			22 b. Tie a square knot, bowline, sheet bend, two half hitches, and a slip know. Tell how each knot is used.		
			22 c. Learn how to keep a rope from tangling.		
			22 d. Coil a rope. Throw it, hitting a 2-foot square marker 20 feet away. (put a weight on the end of your rope, heavy enough to carry your line when you throw it.		
			22 e. Learn a magic rope trick.		
			22 f. Make your own rope. (you need 24 feet of binder twine)		Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	23 Sports, Sports, Sports	Do all of the following requirements:			
		23 a. Learn the rules and how to play three team sports. (such as soccer, baseball, softball, basketball, volleyball, etc.)		Developing Talents: Plan and complete your own activity that will help you develop your talents.	
		23 b. Learn the rules and how to play two sports in which only one person is on each side. (Tennis, bowling, marbles, table tennis, badminton, golf, etc.)			
		23 c. Take part in one team and one individual sport.			
		23 d. Watch a sport on TV with a parent or some other member of your family. Discuss the rules and how the game was played.			
		23 e. Attend a high school, college, or professional sporting event with your family or your den. (Did the players show good sportsmanship? Did the spectators?)			I will seek good friends and treat others kindly.

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	24 Be a Leader.	Do three of the following requirements:			
		24 a. Help a boy join the Cub Scouts, or help a new Cub Scout through the Bobcat trail.	Go the Second Mile P 167		
		24 b. Serve as a denner or assistant denner.		Developing Talents: Plan and complete your own activity that will help you develop your talents.	
		24 c. Plan and conduct a den activity with the approval of your den leader.		Serving Others: Plan and complete your own activity to serve others.	
		24 d. Tell two people they have done a good job.		Serving Others: Write a letter to a teacher, your parents or your grandparents telling them what you appreciate and respect about them.	
		24 e. Leadership means choosing a way even when your choice is not liked by all. Talk about these hard choices with one of your parents or an adult. What would you do if it were up to you?	Choose the Right P 239	D&C 58:27 Verily I say, men should be anxiously engaged in a good cause, and do many things of their own free will, and bring to pass much righteousness:	Learning and Living the Gospel: Explain what agency is and what it means to be responsible for your choices. Discuss how making good choices has helped you develop greater faith.
		* It is time to go home, but you are having a good time with your friends and they don't have to be home until 30 minutes later. What do you do?	Quickly, I'll Obey P 97		
		* Your friends are going to ride their bikes to the other side of town, and they ask you to go with them. You know you are not allowed to do that. What do you say to them?	Little Lambs so White and Fair P 58		
		* A new boy has moved into the neighborhood. How do you become his friend?	Friends are Fun P 262	Serving Others: Learn about and practice good manners and courtesy.	
		* While your class is taking a test, the teacher leaves the room. Some of the students start trading test answers. Do you?	Do What is Right P 237 Hymns		
		* What if another student asks you for an answer?	Stand for the Right P 159		
		* Is it hard to keep from cheating?			

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	<p>Arrow Point Trail</p> <p>Review the Achievements section of your Bear Book and use any requirement you did not count toward your Bear badge. These achievement requirements now follow the same rules as the elective requirements. Each one is a separate project. You can mix requirements from electives and unused achievements in any manner to get the ten you need for each arrow point. If you completed an achievement requirement for your Bear badge you cannot use it again to earn arrow points.</p>				
	<p>Gold Arrow Point</p> <p>When you have completed 10 elective requirements you have earned your first arrow point, a gold one.</p>				
	<p>Silver Arrow Point</p> <p>After you have earned a gold arrow point you may complete 10 more requirements to earn a silver arrow point. You may wear as many silver arrow points as you earn.</p>				

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	Electives				
	Elective 1 Space	a. Identify two constellations and the North Star.	Every Star is Different P 142	Abraham 3: 2-17 And I saw the stars, that they were very great, and that one of them was nearest unto the throne of God; and there were many great ones which were near unto it; And the Lord said unto me: These are the governing ones; and the name of the great one is Kolob, because it is near unto me; . . .	Developing Talents: Plan and complete your own activity that will help you develop your talents.
		b. Make a pinhole planetarium and show three constellations.		Moses 1:32 And worlds without number have I created:	Developing Talents: Plan and complete your own activity that will help you develop your talents.
		c. Visit a planetarium.			
		d. Build a model of a rocket or space satellite.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.
		e. Read and talk about at least one man-made satellite and one natural one.			

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	Elective 2 Weather	a. Learn how to read a thermometer. Put a thermometer outdoors and read it at the same time every day for 2 weeks. Keep a record of each day's temperature and a description of the weather each day (fair, rain, fog, snow, etc).			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		b. Build a weather vane, record wind direction for 2 weeks at the same hour. Keep a record of the weather each day.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		c. Make a rain gauge.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		d. Find out what a barometer is and how it works. Tell your den about it. Tell what "relative humidity" means.	Rain is Falling all Around JP 241		
		e. Learn to identify three different kinds of clouds. Estimate their height.			
		f. Watch the weather forecast on television every day for 2 weeks. Describe three different symbols used on weather maps. Keep a record of how many times the weather forecast is correct.			
	Elective 3 Radio	a. Build a crystal or diode radio. Check with your local craft or hobby shop or in the Boy's Life ads. It is all right to use a kit.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.
		b. Make and operate a batter powered radio following directions with the kit.			Developing Talents: Plan and complete your own activity that will help you develop your talents.

Bear

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	Elective 4 Electricity	a. Wire a buzzer or doorbell			
		b. Make an electric buzzer game.			
		c. Make a simple bar or horseshoe electromagnet.			
		d. Use a simple electric motor.			
		e. Make a crane with an electromagnetic lift.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.
	Elective 5 Boats	a. Help an adult rig and sail a real boat.			Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.
		b. Help an adult repair a real boat or canoe.			Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.
		c. Know storm warning flag signals.			
		d. Help an adult repair a boat dock.			Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.
		e. Know the rules of boat safety.			Serving Others: Read the 12th Article of Faith. Discuss what it means to be a good citizen and how your actions can affect others.
		f. With an adult, demonstrate forward strokes, turns, and backstrokes. Row a boat around a 100 yard course involving two turns.			Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	Elective 6 Aircraft				
		a. Identify five different kinds of aircraft in flight, if possible, or from models or photos.			
		b. Ride in an airplane (commercial or private).			Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.
		c. Explain how a hot air balloon works.			
		d. Build and fly a model airplane. (You can use a kit. Every time you do this differently, it counts as a completed project.)			
		e. Sketch and label an airplane showing the direction of forces acting on it (lift, drag, and load).			
		f. What are some of the things a helicopter can do that other kinds of airplanes can't? Make a list. Draw or cut out a picture of a helicopter and label the parts.			
		g. Build and display a scale airplane model. You may use a kit or build it from plans.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	Elective 7 Things that go	a. Make a scooter or a Cub mobile. Know safety rules.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.
		b. Make a windmill.			
		c. Make a waterwheel.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		d. Make an invention of your own design that goes.			
	Elective 8 Cub Scout Band	a. Make and play a homemade musical instruments (cigar box banjo, washtub bull fiddle, a drum or rhythm set, tambourine, etc.)			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.
		b. Learn to play two familiar tunes on an ocarina, a harmonica, or a tonette.	Lift up Your Voice and Sing. P 252	D&C 136:28 If thou art merry, praise the Lord with singing, with music, with dancing, and with a prayer of praise and thanksgiving.	Developing Talents: Learn to sing, play, or lead a song from the Children's Songbook: Teach or share the song in a family home evening or at Primary. Discuss how developing talents helps prepare us for service to Heavenly Father and others.
		c. Play in a den band using homemade or regular musical instruments. Play at a pack meeting.	Fun to do. P. 253	1 Nephi 21:13 Colossians 3:16 Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.	" "
		d. Play two tunes on any recognized band or orchestra instrument.	Here we are Together p. 261	Psalms 98:1 O sing unto the Lord a new song; for he hath done marvelous things: his right hand, and his holy arm, hath gotten him the victory.	" "

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.		Song	Scripture	Faith in God	Gospel Standards
	Elective 9 Art	a. Do an original art project and show it at a pack meeting. Every project you do counts as one requirement. Some ideas for art projects are: mobile or wire sculpture, collage, silhouette, mosaic, acrylic painting, clay sculpture, water color silk screen pictures.	I Have two Little Hands. P 273	Moroni 10:18 And I would exhort you, my beloved brethren, that ye remember that every good gift cometh of Christ.	Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
	Elective 10 Masks	a. Make a simple papier-mâché mask.	Do as I'm doing P. 276	Moroni 10:8 And again, I exhort you, my brethren, that ye deny not the gifts of God, for they are many; and they come from the same God.	Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
	Elective 10 Masks	b. Make an animal mask.	Fun to do P. 253		Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	
	Elective 10 Masks	c. Make a clown mask.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	

Bear

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	Elective 11 Photography	a. Practice holding a camera still in one position. Learn to push the shutter button without moving the camera. Do this without film in the camera until you have learned how. Look through the viewfinder and see what your picture will look like. Make sure that everything you want in your picture is in the frame of your viewfinder.	Picture a Christmas P 50		
		b. Take five pictures of the same subject in different kinds of light. 1- subject in direct sun with direct light. 2 - Subject in direct sun with side light. 3 - Subject in direct sun with back light. 4 - On a sunny day, subject in shade. 5 - cloudy day.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		c. Put your pictures to use. 1- Mount a picture on cardboard for display. 2- Mount on cardboard and give it to a friend. 3- Make three pictures that show how something happened (tell a story) and write one sentence explanation for each.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		d. Make a picture of your house. 1- With available light. 2- Using a flash attachment or photo flood.			

Bear

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	Elective 12. Nature Crafts				
		a. Make shadow prints or blueprints of three kinds of leaves.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		b. Make a display of eight different animal tracks with an eraser print.			
		c.			
		d. Collect, mount and label 10 kinds of insects.			
		e. Collect eight kinds of plant seeds and label.			
		f. Collect, mount, and label 10 kinds of rocks or minerals.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		g. Collect, mount, and label five kinds of shells.			
		h. Make a spider web print; mount and display it.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.
	Elective 13 Magic				
		a. Learn and show three magic tricks.			
		b. With you den, put on a magic show for your pack.			
		c. Learn and show four puzzles.			
		d. Learn and show three rope tricks.			

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.		Song	Scripture	Faith in God	Gospel Standards
	Elective 14 Landscaping	a. Help your parents take care of your lawn or help take care of the lawn of a public building, school, or church. Seed bare spots. Get rid of weeds. Pick up litter. Agree ahead of time on what you will do.	Give Said the Little Stream P. 236	D&C 82:19 Every man seeking the interest of his neighbor, and doing all things with an eye single to the glory of God.	Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.	I will honor my parents and do my part to strengthen my family.
		b. Make a sketch of a landscape plan for the area right around your home or for an apartment building. Talk it over with your parents or den leader. Show what trees, shrubs, and flowers you could plant to make the area look better.	All Things Bright and Beautiful P. 231	Mathew 20:27 And whosoever will be chief among you, let him be your servant. D&C 128:23	Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.	
		c. Take part in a project with your family, den, or pack to make your neighborhood or community more beautiful. These might be cleanup parties, painting, cleaning and painting trash barrels, and removing ragweed. (Each time you do this differently, it counts as a completed project.)	Beauty Everywhere P. 232	Mathew 12:35 A good man out of the good treasure of the heart bringeth forth good things. . .	Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project. Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	I will honor my parents and do my part to strengthen my family.
		d. Build a greenhouse and grow 20 plants from seed. You can use a package of garden seeds, or use beans, pumpkin seeds, or watermelon seeds.	The Prophet Said to Plant a Garden P 237	Proverbs 12: 11 He that tilleth his land shall be satisfied with bread. Mosiah 9:9	Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.	

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	Elective 15 Water and soil conservation	a. Dig a hole or find an excavation project and describe the different layers of soil you see and feel. (Do not enter an excavation area without permission.)			
		b. Take three cans the same size and punch four holed in the bottom of each with a hammer and nail. Put clay in the first can, soil in the second can, and sand in the third can. Fill all three cans one-half full. Pour one-half can of water into each can, one at a time. Write down the time it takes the water to run through (until the dripping stops) each kind of earth. (The three kinds of earth are not good for growing things alone, but when mixed together they make very good soil.)			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		c. Visit a burned-out forest or prairie area, or a slide area, with your den or your family. Talk to a member of the U.S. Forest Service about how the area will be planted and cared for; to grow again the way it was before the accident.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		d. Some people like to use live Christmas trees. After Christmas, plant the tree in your yard, or at school, your Boy Scout council service center; or a park. Find out all the things you need to know about how to take care of a live Christmas tree in your home.		Alma 32: 38-39 But if ye neglect the tree, and take no thought for its nourishment, behold it will not get any root; and when the heat of the sun cometh and scorcheth it, because it hath no root it withers away, and ye pluck it up and cast it out. (39) Now this is not because the seed was not good, neither is it because the fruit thereof would not be desirable; but is because your ground is barren, and ye will not nourish the tree, therefore ye cannot have the fruit thereof.	Developing Talents: Plan and complete your own activity that will help you develop your talents.
		e. What is wind erosion? Find out the kinds of grass, tress, or ground cover you need to plant to stop wind erosion.			
		f. As a den, visit a lake, stream, river, or ocean (whichever is nearest to where you live). Plan a den project to help clean up this important source of water: Name four kinds of water pollution.	Give Said the Little Stream P 236	1 Corinthians 9:19 For though I be free from all men, yet have I made myself servant unto all, that I might gain more.	Serving Others: Plan and complete your own activity to serve others.

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	Elective 16 Farm Animals	a. Take care of a farm animal. Decide with your parent the things you will do and how long you will do them.		Proverbs 12:10 A righteous man regardeth the life of his beast.	
		b. Name and describe six breeds of farm animals and tell their common uses.			
		c. Read a book about a farm animal and tell your den about it.			
		d. With your family or den, visit a livestock exhibit at a county or state fair.			Developing Talents: Visit an art museum or attend a concert, play, or other cultural event. Share your experience with your family or activity day group.
	Elective 17 Repairs	a. With the help of an adult, fix an electric plug or an electric appliance.			Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.
		b. Use glue or epoxy to repair something.			
		c. Remove and clean a drain trap.			
		d. Refinish or repaint something.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		e. Agree with your parent on some repair job to be done and do it. (Each time you do this differently; it counts as a completed project.)	Fun to Do P. 253 When We're Helping We're Happy P 198	Mathew 23:11 But he that is greatest among you shall be your servant.	Serving Others: Plan and complete your own activity to serve others.

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	Elective 18 Backyard Gym	a. Build and use an outdoor gym with at least three items from this list: 1- balance board, 2- trapeze, 3- tire walk, 4 - tire swing, 5 - tetherball, 6- climbing rope, and 7 Running long jump area.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		b. Build three outdoor toss games.			
		c. Plan an outdoor game or gym day with your den (this can be a part of a pack activity). Put your plans on paper.			
		d. Hold an open house for your backyard gym.			
	Elective 19 Swimming (Rule - whenever you are working on Swimming, you must always have an adult with you who can	a. Jump feet first into water over your head, swim 25 feet, turn around, and swim back.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		b. Swim on your back, using a resting stroke, for 30 feet.			
		c. Rest by floating on your back, using as little motion as possible, for at least one minute.			
		d. Tell what is meant by the buddy plan and the basic rules of safe swimming and simple rescue.			
		d. Do a racing dive from edge of pool and swim 60 feet, using a racing stroke.			

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	Elective 20 Sports	a. In archery, know the safety rules. Know how to shoot correctly. Put six arrows into a 4-foot target at a distance of 15 yards. Make an arrow holder.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		b. In skiing, know the Skier's Safety Code. Demonstrate walking and kick turn, climbing with sidestep or herringbone, snowplow stop, stem turn, four linked snowplow or stem turns, and straight running in downhill position, on a cross-country position, and show how to recover from a fall.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		c. In ice skating, know the safety rules. From a standing start, skate forward 150 feet; come to a complete stop within 20 feet. Skate around a corner clockwise and counter clockwise without coasting. Show a turn from forward to backward. Skate backward 50 feet.			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		d. In track, show how to make a sprint start. Run the 50-yard dash in 10 seconds or less. Show how to do the standing long jump, the running long jump, or height jump. Land in a soft area.			
	Elective 21 Sales	a. Take part in a pack-sponsored, money-earning sales program. Keep track of the sales you make yourself. When the sale is over, add up the sales you have sold.			Serving Others: Plan and complete your own activity to serve others.
		b. Help with a garage sale or rummage sale. This can be with your family, a neighbor, or a church, school, or pack event.	A Happy Helper P 197	D&C 78:22 And he that is a faithful and wise steward shall inherit all things.	Developing Talents: Learn how to budget and save money. (3 Nephi 24:10-11) Pay your tithing and begin saving for a mission

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	Elective 22 Collecting Things	a. Start a stamp collection. You can get information about stamp collecting at any U.S. Post Office.			
		b. Mount and display a collection of emblems, coins, or other things to show at a pack meeting. This can be any kind of collection. Every time you show a different kind of collection, it counts as one requirement.			
		c. Start your own library. Keep your own books and pamphlets in order by subject. List the title and author of each on a piece of paper or a card.	Proverbs 1:5 A wise man will hear, and will increase learning; and a man of understanding shall attain unto wise counsels D&C 109: 14 And do thou grant, Holy Father, that all those who shall worship in this house may be taught words of wisdom out of the best books, and that they may seek learning even by study, and also by faith, as thou hast said.	Developing Talents: D&C 88:118. Discuss what it means to "seek learning, even by study and also by faith." Improve your personal study habits by doing such things as learning how to choose and read good books or being prepared for school each day.	

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	Elective 23 Maps	a. Look up your state on a U.S. map. What other states touch its borders?			Developing Talents: Plan and complete your own activity that will help you develop your talents.
		b. Find your city or town on a map of our state. How far do you live from the state capital?			
		c. In which time zone do you live? How many times zones are there in the U. S.?			
		d. Make a map showing the way from your home to your school or den meeting place.			
		e. Mark a map showing the way to a place you would like to visit that is at least 50 miles from your home.	The World is so Big P. 235		Serving Others: Plan and hold a parent-child activity, such as a dinner, picnic, hike, day trip, or service project.

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	Elective 24 Native-American Life	a. American Indians lived all over what is now the United States. Find the name of the tribe who lived nearest where you live now. What is this tribe best known for? Where do they live now?	Book of Mormon Stories P 118		
		b. Learn, make equipment for, and play two Native-American games with members of your den. Be able to tell the rules, who won, and what the score was.			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.
		example: Motowu Hopi Indian corncob dart game played like horseshoes except you throw two darts at a time into a flower pot or basket. First person to get two darts in at the same time wins. This game is played with feathered darts made from corncobs. Save the cobs from corn-on-the-cob and dry them. Cut them all the same length - about 3 1/2 to 4 inches and smooth them with a piece of sandpaper. Make holes at both ends. using white glue, glue a 2 1/2 inch sick or dowel in the smaller end and two turkey feathers in the big end.			
		example: Pokean Indians from Zuni Pueblo play this game. Make shuttlecocks from corn husks and feathers. Each player tries to keep his Pokean in the air by hitting it with his hand. The object of the game is to count the number of times you can hit it to keep it in the air before it falls. The player with the highest score wins.			
		c. Make a model of a Native-American house. (hogan, igloo, pueblo, Seminole house, tepee, wigwam, long house)			Developing talents: Make an item from wood, metal, fabric, or other material, or draw, paint, or sculpt a piece of art.

Bear

BEAR	You must do 12 Bear Achievements to become a Bear Cub Scout. You may count any extra achievement requirements you earn as arrow point credits.	Song	Scripture	Faith in God	Gospel Standards
	Cub Scout World Conservation Award				
	This is an international award Bear Cub Scouts can earn by doing the following things:				
		1. Complete Achievement 5 - Sharing your world with wildlife.			
		2. Complete all Arrow Points in two of the following three electives:			
		elective 2 - Weather			
		elective 12 - Nature Crafts			
		elective 15 - Water and Soil Conservation			
		3. Participate in a den or pack conservation project in addition to the above.			

		Blue is for truth. Gold is for sunlight, good cheer, and happiness.
Bobcat Badge	8 Tracks	
	1	Learn and say the Cub Scout Promise.
		I _____ promise to do my best To do my duty to God and my country, To help other people, and To obey the Law of the Pack.
	2	Say the Law of the Pack.
		The Cub Scout follows Akela. The Cub Scout helps the pack go. The pack helps the Cub Scout grow. The Cub Scout gives goodwill.
	3	Tell what Webelos means.
		We'll Be Loyal Scouts (WeBeLoS)
	4	Show the Cub Scout sign. Tell what it means.
		Make the sign with the right hand and with your arm held straight up (the thumb and the fourth and fifth finger or little finger curled and the 2nd and middle finger pointed up and spread) The two fingers stand for two parts of the Promise - "to help other people" and "to obey". They look like a wolf's ears ready to listen to Akela.
	5	Show the Cub Scout handshake. Tell what it means.
		Hold our your right hand just as you always do to shake hands. Put our first two fingers along the inside of the other boy's wrist. It means that you help and that you obey the law of the pack.
	6	Say the Cub Scout motto.
		Do your Best.
	7	Give the Cub Scout salute. Tell what it means.
		Salute with your right hand. Hold your fingers as you do for the Cub Scout sign. Keep the two straight fingers close together. Touch the tips of those fingers to your cap. If you are not wearing a cap, touch your eyebrow. It is a way to show respect.
	8	With your parent or guardian, complete the exercises in the parent's guide, "How to Protect Your Children from Child Abuse."

Bear

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	20	Sawdust and Nails	Elective 21 Sales		
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5		Tools for Fixing and Building	Elective 5 Spare time fun
6		Start a Collection	Elective 6 Books, Books, Books
7		Your Living World	Elective 7 Foot Power
8		Cooking and Eating	Elective 8 Machine Power
9		Be Safe at Home and on the Street	Elective 9 Lets have a Party
10		Family Fun (do 2 of the five)	Elective 10 Native American Lore
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WEBELOS

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