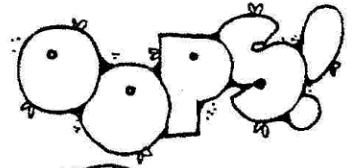


# #13 - SAFETY FIRST

*O remember and learn wisdom in thy youth.*

*Alma 37:35*



**PURPOSE:** Review safety rules.

**SONG:** "Family Night," CS 195

**LESSON:** You will need a small ball to throw.

Have the family sit or stand in a circle. Point out that this game will help them be alert and to think quickly, which is something they need to do in an emergency. The object is to correctly complete the safety rule.

Call a child's name, throwing that child the ball. The child is to catch the ball and complete the sentence. If the child misses the ball or gives the wrong answer, repeat the sentence again and throw the ball to another child. If that child answers correctly, he/she throws the ball to someone else as you give a new safety rule. The game continues until you've covered the safety rules you want to review and everyone has had several turns.

Example of safety rules:

- ▶ Cross the street when the light is (green) and you have looked (both ways).
- ▶ In an earthquake you should duck under a (desk or table).
- ▶ Never accept rides with a (stranger).
- ▶ Never tell anyone over the telephone you are home (alone).
- ▶ When you ride in a car you always wear a (seat belt).
- ▶ Don't pet a strange (animal).
- ▶ If you're riding your bicycle and want to turn a corner, use your (arm to signal).
- ▶ In an emergency dial (911).
- ▶ When you are in a boat you wear a (life jacket).
- ▶ If you find matches or a lighter, do not (play with them).
- ▶ If you are home alone and someone knocks on the door, do not (open the door).
- ▶ Keep emergency phone numbers by the (telephone).
- ▶ If your clothes catch on fire, you should stop, (drop and roll).
- ▶ If you can't remember to dial 911 in an emergency, dial (O for Operator).
- ▶ To protect yourself from smoke during a fire, stay (low).
- ▶ Never put a plastic bag over your (head).
- ▶ If you get lost in the woods, you need to stay (where you are).