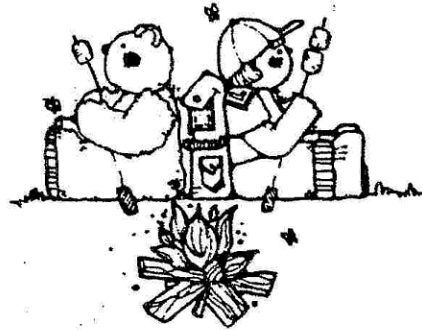


20 - CAMPFIRE LIGHT

*To another is given knowledge that
all may be taught to be wise.*

D&C 46:18



PURPOSE: Teach children how to build a campfire.

LESSON: Take your family to a spot where they can experience building and cooking over a fire. Teach children the simple basics of campfire cooking. Explain that fire can provide light, warmth, and can be used to cook food. But fires are dangerous and should always be handled with great caution. Always follow fire safety rules. Fire building and cooking skills should be taught over a period of time at the appropriate age and maturity level of the children.

GATHER THE WOOD. Show and explain different sizes of wood to gather and how to lay out different types of campfires.

- ▶ **Tinder** fine twigs, pine needles, thin pieces of bark, dried leaves and grass
- ▶ **Kindling** large dried sticks that snap when broken
- ▶ **Fuel** large pieces of wood, logs

STARTING THE FIRE. Your family may want to make one or two fire-starting methods to store in your 72-hour kits.

- ▶ **Flint and Steel** piece of flint, steel, and steel wool or tinder
- ▶ **Batteries and steel wool** flashlight batteries and steel wool
- ▶ **Fuzz stick** whittle stick and leave shavings on end
- ▶ **Waterproof matches** dip white-tipped stick matches in melted paraffin

MAINTAINING THE FIRE. As the fire grows, add fuel (large pieces of wood).

PUTTING OUT THE FIRE. Make sure the fire is completely out before leaving.

- ▶ Wet the area around the fire with water.
- ▶ Sprinkle (not pour) water on the fire (to avoid getting burned by steam).
- ▶ Spread the coals around with a stick, sprinkling water on the coals.
- ▶ Pour water on the fire, stir wet coals around until soaking wet ashes remain.
- ▶ Sprinkle more water on the ashes until ashes are cold to the touch of the hand.
- ▶ Replace sod where removed, leave the spot looking as if you hadn't been there.