



## #5 – ONLY THE BASICS

*And he left his house and his precious things,  
And took nothing with him, save it were  
His family, and provisions, and tents, and  
Departed into the wilderness.  
1 Nephi 2:4*

**PURPOSE:** Prepare for an emergency evacuation of your home.

**SONG:** “Quickly I’ll Obey,” CS 197

**LESSON:** Tell the story of Lehi’s family leaving Jerusalem (1 Nephi 2:1-4).

Lehi and his family had to leave their home in a hurry. What provisions would they have needed to take in order to survive in the wilderness?

If your family had only a short time to gather a few things before leaving your home for good, what would you take with you?

Have an emergency evacuation drill. Pretend a nearby dam has collapsed and you have 5 minutes to evacuate your house. Your home will be destroyed and you will not be returning. Set a timer and give the family 5 minutes to gather what they can. Family members are to meet at a designated area (like the front door) with their items when the timer rings. Make no preparations ahead of time. The purpose of the drill is to emphasize the need for your family to have an emergency evacuation plan.

### **AFTER THE DRILL:**

What items did the family gather in 5 minutes? How long could the family survive on the items gathered? Was there a feeling of organization or chaos?

### **Prepare an EMERGENCY EVACUATION PLAN for your family.**

1. What items would you need to take with you?
2. Where are the items kept?
3. Who will be responsible for what items?
4. What will you put the items in to carry?
5. How long will it take each person to gather the items they’re responsible for?

## 6. Where will family members meet?

For refreshments, prepare a simple dessert from basic food items you would take with you. Remind your family that if you had to leave your home in a hurry, you could take only essential items with you. However, the most important item you're taking is your family.

### **SUGGESTED ITEMS FOR AN EMERGENCY EVACUATION** **American Red Cross**

- Supply of water (one gallon per person per day)—store water in sealed unbreakable containers, identify the storage date, replace every six months.
- Supply of non-perishable packaged or canned food, a non-electric can opener, food for special diets.
- Change of clothing, rain gear, sturdy shoes.
- Blankets or sleeping bags.
- First Aid kit, prescription medications.
- Extra pair of eyeglasses, contact lens.
- Battery-powered radio, flashlight, plenty of extra batteries.
- Credit cards, cash, checks.
- Extra set of car keys.
- Personal hygiene items (soap, shampoo, toilet paper, toothbrush).
- Irreplaceable items such as photo albums, important papers, proper identification.
- Toys, games, books.
- Special items for infants, children, elderly, or disabled family members.