

# Young Women Personal Progress Tracker

Name			Birthday				
Entered Beehives		Entered Mia Maids		Entered Laurels		Date Received YW	
Faith		Divine Nature		Individual Worth		Knowledge	
Do All		Do All		Do All		Do All	
F/1-Learn About Faith From the Scriptures		D/1-List Divine Qualities of a Daughter of God		IW/1-Read Scriptures on a Daughter of God		K/1-Learn Importance of Gaining Knowledge of Gospel Principles	
F/2-Learn About Faith of the Mothers of Helaman		D/2-Increase Appreciation of Womanhood		IW/2-Learn About Importance of Patriarchal Blessings		K/2-List Talents and Develop Another Talent	
F/3-Visit Living Relatives & Learn Family History		D/3-Make Your Home Life Better		IW/3-Notice & Build Worth- while Qualities in Others		K/3-Memorize 13th Article of Faith	
Complete 3 more Experiences. You may select from the following options or write your own		Complete 3 more Experiences. You may select from the following options or write your own		Complete 3 more Experiences. You may select from the following options or write your own		Complete 3 more Experiences. You may select from the following options or write your own	
F/4-Learn About Sacrament & Why We Partake of It		D/4-Memorize Sacrament Prayers/Record Experience		IW/4-Importance of Planning and Preparation		K/4-Study a Gospel Principle & Prepare Five Minute Talk	
F/5-Increase Understanding of Christ's Atonement		D/5-Develop Pattern of Obedience		IW/5-Participate in Play or Other Performance		K/5-Learn About a Field of Work	
F/6-Increase Understanding of the Plan of Salvation		D/6-Develop your divine qualities or Other Performance		IW/6-Visit Living Relatives & Learn Family History		K/6-Memorize 2 Hymns & Learn Conducting & Conduct	
F/7-Learn About Tithing and Pay a Full Tithe		D/7-Learn About Being a Peacemaker & Be an Example		IW/7-Learn About Special Gifts God Has Given You		K/7-List supplies your family needs for an emergency. Teach a FHE lesson or share with a YW leader	
F/8-Other Value Experience		D/8-Other Value Experience		IW/8-Other Value Experience		K/8-Other Value Experience	
F/9-Other Value Experience		D/9-Other Value Experience		IW/9-Other Value Experience		K/9-Other Value Experience	
F/10-Faith Value Project		D/10-Divine Nature Value Project		IW/10-Individual Worth Service Project		K/10-Knowledge Service Project	
<b>Finished Value:</b>		<b>Finished Value:</b>		<b>Finished Value:</b>		<b>Finished Value:</b>	
Choice & Accountability		Good Works		Integrity		Virtue	
Do All		Do All		Do All		Do All	
CA/1 Follow a pattern of regular scripture study and prayer		GW/1 Learn about service & Record acts of service your family members and others perform.		I/1 Write your plan to stay morally clean and worthy to attend the temple & keeping your standards		V/1- Study the meaning and importance of chastity and virtue. In your journal, write your commitment to be chaste.	
CA/2-Read For the Strength of Youth About Standards		GW/2-Serve Family by fixing Meals for Two Weeks		I/2-Develop Your Personal Integrity			
CA/3-Learn About Responsibilities and Blessings of Agency		GW/3-Learn to Comfort & Help Others in Time of Need		I/3-Study Lives of Individuals in Scriptures		V/2- Read the scriptures given and identify the promised blessings: In your journal, record what you have learned, and write about a time when you felt the guidance of the Holy Ghost.	
Complete 3 more Experiences. You may select from the following options or write your own		Complete 3 more Experiences. You may select from the following options or write your own		Complete 3 more Experiences. You may select from the following options or write your own			
CA/4-Read About Repentance and Apply In Your Life		GW/4-Teach Lesson About Gospel Subject		I/4-Interview Women About Integrity		V/3- Prepare to be worthy to enter the temple and to participate in temple ordinances.	
CA/5-Learn How Holy Ghost Helps with Decision Making		GW/5-Serve Another Person for a Month		I/5-Learn About Standing as a Witness			
CA/6-Study the Young Women Theme & What it Teaches		GW/6-Spend 3 Hours of Service Outside Home		I/6-Live the Law of Fast and Fast with a Purpose		V/4- Read the sacrament prayers in D&C 20:77-79. Determine to partake worthily of the sacrament each week and fill your life with virtuous activities that will bring spiritual power. Determine what you can do daily to remain pure and worthy, and write your plan in your journal.	
CA/7-Establish Wise Money Management		GW/7-Invite a Friend to Church Meeting or Activity		I/7-List Problems that Weaken Family			
CA/8-Other Value Experience		GW/8-Other Value Experience		I/8-Other Value Experience		V/ 5- Read the Book of Mormon	
CA/9-Other Value Experience		GW/9-Other Value Experience		I/9-Other Value Experience			
CA/10-Choice And Accountability Service Project		GW/10-Good Works Service Project		I/10-Integrity Service Project			
<b>Finished Value:</b>		<b>Finished Value:</b>		<b>Finished Value:</b>		<b>Finished Value:</b>	